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31 >





GUCCI



A woman with long brown hair is sitting in a pink bathtub, her back to the camera. She is wearing a black strapless top and has her hands clasped behind her head. She is wearing several rings on her fingers. The bathtub has ornate gold-colored faucets and handles. The word "GUILTY" is written in large, white, serif capital letters across the middle of the image. In the foreground, two bottles of Guilty perfume are visible: a gold-colored bottle on the left and a silver-colored bottle on the right. Both bottles have the Gucci logo and the word "GUCCI GUILTY" on them. The background is a soft, out-of-focus view of the bathtub and the woman's hair.

# GUILTY



#GuiltyNotGuilty





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31 July 2017



Should women turn off the BBC? It's a provocative question, but did you think it, even for a second, when the gender pay gap at the national broadcaster became apparent last week, after the corporation revealed the salaries of their top 96 earners?

While the top earning men were on salaries around the £2 million mark, the highest earning (and most primetime) woman, Claudia Winkleman, was on just a quarter of that. The list was two-thirds male.

Other women on the list (Mishal Husain, for example) earned far less than their male counterparts, for doing exactly the same job. And then there were those big female names #notonthelist. Sarah Montague, Emily Maitlis, Jane Garvey, Louise Minchin, Jenni Murray. Women who feature large in our media, but far less in the salary stakes.

We are, of course, talking huge sums of money – far, far more than the average wage. But, whatever your job, equality matters.

At *Grazia*, we successfully campaigned to change the law on pay transparency – and what you're seeing at the BBC is just the start. By April, many more companies will have lifted the lid on their gender pay gaps. But, however outraged we may feel at those black-and-white figures, #notonthelist Jane Garvey, Radio 4 *Woman's Hour* presenter, who is on £130,000, argues on page 18 that it's actually filled her with excitement. *This* is the moment, she says, to lead the charge for change.

And she's right. After all, you can't be what you can't see. And now we see...

NATASHA PEARLMAN

**PS** We'd love to hear your views. Email us at [feedback@grazia.co.uk](mailto:feedback@grazia.co.uk) and follow us on @GraziaUK on Instagram and Twitter

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A woman with long, dark, wavy hair and striking green eyes is the central figure. She is holding a heart-shaped perfume bottle with both hands, which is illuminated with a bright green glow. The bottle has a faceted, diamond-like top. The background is a dense, lush jungle with various tropical plants and ferns, all bathed in a deep blue and green light. The overall mood is mysterious and ethereal.

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# FASHION CHART

*From HIGH-STREET HITS and INSTA MUST-HAVES to lust-worthy accessories...*

1.

## POWER PUFFS

Shoes, £530, Aquazzura (aquazzura.com). These powder puff kitten heels are

super-fun for summer party season. Or wear them as our fashion director does: dressed down with kick-flare black denim and an oversize blouse.



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THE GRAZIA APP

3.

## POSTER GIRL

T-shirt, from £300, Prada (020 7647 5000). For a cool style-up on the logo trend, head for Prada's capsule collection of tees and sweaters, featuring exclusive prints from the Prada women's 2017 fashion shows.



4.

## NOD TO THE NOUGHTIES

Sunglasses, £55, Quay x Kylie (quayaustralia.co.uk). We've spotted a micro trend: '90s sunnies – think Brad-era Gwyneth Paltrow. This collab between Kylie Jenner and Aussie brand Quay has nailed it.



2.

## GET SHORTY

Shirt, £110, Staud, shorts, £69, Solid & Striped x Staud (staud.clothing).

Now this is how to do shorts – with a silk shirt and block-heel mules. Dreaming of the French Riviera yet?



5.

## TAILOR MADE

Culotte, £29.50, M&S Collection at Marks & Spencer (marksandspencer.com, sizes 8-22). Finding the perfect pair of white trousers can be tricky (and often traumatic). Look no further, than M&S's ankle-grazers. ▶





# FASHION CHARTS



6.

## HOOLA HOOPS

Earrings, £15, Z for Accessorize (accessorize.com). Your everyday hoops have had a makeover, dotted with crystals and been given a modern architectural spin. Z for Accessorize strikes again.



8.

## BUTTON IT

Dress, £242, Nanushka (nanushka.com). We've found the perfect cotton shirtdress from fashion ed fave Nanushka. Wear on your summer hols with your sandals and basket bag, and in the city with your Converse and supersize tote.

7.

## BLOOMING BEAUTIFUL

Shirt, £24.99, H&M (hm.com, sizes 6-16). Move over blouse, make room for the pyjama shirt. Yes, the PJ top trend is here to stay and we REALLY want to get our hands on this poppy print one.



9.

## CATCH IT!

Bag, £295, Sophie Hulme (sophiehulme.com). The new Catch bag has arrived, sporting its very own cocktail stirrer fastening (chic). We're crushing on the duck-egg blue version – a perfect addition to your bag-drobe.



## TELL ME BOUT IT, STUD

Shoes, £50, Office (office.co.uk). These studded sandals are the perfect summer-

in-the-city shoe. Our style ed's added them to her basket already and is planning on wearing them with, well, everything.

10.







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GRAZIA'S

# CHART OF LUST

*Who we LOVE, want to TWEET, and, yes, even actually BE*



## 1. NEW IN

### ETHAN

Lead character in Netflix's *Friends From College*, geeky author trying to navigate middle age while having a long-term adulterous affair. Shouldn't be sexy. Totally is.



## 2. NEW IN

### MENA MASSOUD

Relative unknown, just cast as *Aladdin* in the forthcoming Disney live version of the film. We don't think there's anything wrong with fancying a Disney prince, so there.

## 3. NEW IN

### NAOMI WATTS AND BILLY CRUDUP

Rumoured RL couple, who met while pretending to be married on TV show *Gypsy*. No clue if they really are together, we just love it when co-stars hook up, because that's what we'd do if we were actors, not arbiters of lust.



## 4. NON-MOVER

### LINDSAY DUNCAN

Stupendously cheekboned woman, currently doing fine and disturbing work, and also: an excellent Aussie accent, in *The Leftovers*.

## 5. NEW IN

### THE ANONYMOUS BAD BRIDE OF MUMSNET

Made a friend attend her hen do, pay for a hotel, drive two other hens there, then didn't invite her to the wedding. Strong bad bride-craft, Bad Bride of Mumsnet!



## 6. UP

### COLONEL SANDERS

Appears to have launched his own KFC-themed fashion range, and it's actually rather good. In related news: we'd probably date him.

## 7. NON-MOVER

### GRAHAM NORTON

Yes, of course women at the BBC should be better paid, but that doesn't mean that Graham isn't worth the big bucks. He is.



## 9. NON-MOVER

### MARIAH

Barely dialled her dance moves in during a Vegas show last week, and yet, somehow, we love her more for it.



## 8. UP

### CHARLIZE THERON

Simply on the grounds of the look she assembled while travelling through New York last week. It's a while since we've seen anyone Do Airport this well. Brava, CT.



## 10. NON-MOVER

### JW ANDERSON

Designer whose hotness has never been disputed, and whose new collaboration with Uniqlo is also extremely sexy.









**SHE'S TALENTED,  
SUCCESSFUL  
AND BEAUTIFUL.**

**SO WHY HAS  
RIHANNA'S  
BOYFRIEND PUT  
A DEADLINE  
ON THEIR  
RELATIONSHIP?**

*Grazia* reports...

**IT'S HARD TO** imagine Rihanna reacting kindly to the word 'no' (especially if the question is 'Do sequin nipple pasties count as an outfit?'). However, if rumours are to be believed, it's a concept she could soon be forced to familiarise herself with.

According to sources, the family of Rihanna's Saudi billionaire boyfriend Hassan Jameel have discouraged him from pursuing a long-term relationship with the self-professed bad gal. One told *Grazia*, 'Hassan is from one of the richest families in the world, and while they don't have a problem with him casually seeing Rihanna, they've made it very clear that she is not marriage material. She's far too rebellious for their tastes, ▶





Rihanna with her new man in Ibiza. Below: his old flame Naomi Campbell

her ongoing feud with former friend Naomi Campbell – who has previously dated Hassan. One source said, 'It's been evident for a while that Naomi and Rihanna had cooled their friendship, and now it seems that Hassan is at the root of their spat. Naomi is not someone who likes to be second best.'

Rumours of a feud began last year when Naomi unfollowed Rihanna – who she had previously described as 'my darling sister' – on both Twitter and Instagram. When asked 'if everything was OK between them' by American talk show host Andy Cohen in March, Naomi replied, 'Everything's fine,' before adding with a wink, 'I'm an actress now Andy.' In May, the pair appeared to blank each other when their paths crossed at the Met Ball.

Meanwhile, last month Rihanna, 29, and Hassan went public in spectacular style, when they were pictured making out in a pool in Ibiza. Sources say that they have known each other for almost a year, and been dating for several months.

Hassan is the deputy president and vice chairman of family business Abdul Latif Jameel Domestic – which owns the rights to sell Toyota cars in Saudi Arabia. As the face of the business – which is one of the biggest companies in the world – he has been pictured meeting British royalty including Prince Andrew. The family are also believed to own their own football league.

'Rihanna isn't easily impressed, but she's really enjoyed getting to know Hassan,' continued the associate. 'He's playing with fire if he thinks he can string her along.' ■



**THE IDEA OF BEING  
DICTATED TO  
BY OTHER PEOPLE  
IS COMPLETELY  
FOREIGN  
TO RIHANNA**

and they'd much rather he settle down with someone from a well-established family like their own. As far as they're concerned, this is a fling that can't continue past the summer. Since he stands to inherit over £1.1 billion, it's unlikely that he would ignore their wishes. He must feel incredibly torn.'

As for Rihanna? A well-placed second source said, 'She isn't even thinking about marriage yet, but she is besotted with Hassan, and would be really hurt to know that this was going on behind the scenes. To be honest, if Hassan isn't big enough to stand up to his family then he's not a match for Rihanna. She's a bona fide megastar who's made millions on her own terms, so the idea of being dictated to by other people is completely foreign to her. She really likes Hassan, and isn't used to not getting her own way, so she wouldn't react well to him calling things off.'

To complicate matters, Rihanna's new relationship is said to be behind

## RIRI'S ROMANCES

### SHIA LABEOUF



Rihanna went on a date with Shia LaBeouf in 2007. He later admitted, 'The spark wasn't there, so we remain friends.'

### CHRIS BROWN



The couple's year-long romance ended in 2009 when Brown attacked her, leaving her face bruised and beaten. They controversially got back together in 2012, with Rihanna once admitting, 'I will care about him until the day I die.'

### LEONARDO DICAPRIO



First linked in December 2014, they were said to be dating in 2015 and were seen 'passionately snogging' at Parisian nightclub L'Arc on a night out with Cara Delevingne a year later. That month, they were also seen together at Coachella before their fling fizzled out.

### DRAKE



Music's most on/off couple first got together in May 2009 at Lucky Strike bowling alley, New York. By November, they were 'just friends' but a year later Rihanna released *What's My Name*, featuring Drake. In September 2013, Drake claimed, 'Great girl, we had our moment.' And yet, last year they were back on, leaving a London nightclub and performing at the BRITs together. Then, last August, he confessed, 'She's someone I've been in love with since I was 22 years old' – but it was all over by October.

### HASSAN JAMEEL



Last month, Rihanna was seen kissing the businessman in a jacuzzi in Spain. His family own the rights to the Toyota car dealership in Saudi Arabia.





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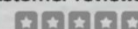


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# 10 HOT STORIES

...EVERYONE'S TALKING ABOUT THIS WEEK



**Claudia Winkleman**  
£450,000 - £499,999 (highest-paid female, but earns a quarter of what Chris Evans does)



**Tess Daly**  
£350,000 - £399,999



**Fiona Bruce**  
£350,000 - £399,999



**Mishal Husain**  
£200,000 to £249,999 (£400,000 less than her co-host, John Humphrys)



**Mel Giedroyc**  
£150,000 - £199,999



**Clare Balding**  
£150,000 - £199,999

*BBC's Jane Garvey:*

**'We're hired to talk about the pay gap but underpaid to do so'**



**Sarah Montague**  
#NotontheList



**Louise Minchin**  
#NotontheList





**Alex Jones**  
Between £400,000 and  
£450,000 (second highest  
female earner, but  
less than her male  
co-host Matt Baker)



**Naga Munchetty**  
£150,000 - £199,999



**Emily Maitlis**  
#NotontheList



**Jenni Murray**  
#NotontheList



**Jane Garvey**  
#NotontheList

1

Last week, the BBC published the salaries of its 96 top earners. Only one woman, Claudia Winkleman, made the top nine (and even then, she was paid a quarter of the salary of the top male earner, Chris Evans). Meanwhile, other prominent female presenters, such as Emily Maitlis and Sarah Montague, didn't even make it on to the list of staff earning more than £150,000. Here, *Woman's Hour* presenter Jane Garvey – also #NotontheList – speaks exclusively to *Grazia* about the aftermath.



**I WASN'T SHOCKED** when the BBC's gender pay gap figures were released. I've known about this situation for a long time, everyone here has. But to see those salaries printed in black and white has been incredibly galvanising. Now the information is out there, the world can't unsee it. I'm really excited by this. I think a change is going to come as a result of it.

Whether it will mean legal action taking place, I don't know. What I do know is that a lot of female presenters are talking to each other about this now and I've received a huge amount of sisterly support from women everywhere, which has been great.

I've got my head screwed on; I know I'm not underpaid and I'm not asking for a whip round from anyone. I earn around £130k, which is far above the national average. My issue is not how much I'm paid, it's how much other people – largely men – are paid to do the same job, a similar job or a job that, frankly, involves not doing a great deal, like the Radio 2 music show presenters.

I can't get my head around why some of the male presenters on Radio 2 are paid vastly more than female presenters on Radio 4,

when we're required to have an extraordinarily broad remit of knowledge. *Woman's Hour* is so eclectic, I could be talking to the Home Secretary one day and interviewing Mary J Blige the next.

I've presented *Woman's Hour* for nearly 10 years and we've had hundreds of conversations about equality, the gender pay gap, how to ask for a pay rise and how women aren't assertive enough at work. So the irony is that I, of all people, need to go back and listen to myself telling people how to go about tackling the problem at work.

What angers me is the irony that the BBC hires women to talk about the gender pay gap and then underpays them to do so. You couldn't make it up. But what's important is how this has brought people together across television and radio to start a conversation about that most uncomfortable thing – what you earn.

I was married to Adrian Chiles, who hosted *Match Of The Day* and *The One Show* so, obviously, was aware how much he was earning. I knew those top salaries were possible at the BBC. But I feel the same way as a lot of women in my profession: we're angry and upset at the disparity. I want people to share in the fact that if it's happening to me, with all my advantages, you can bet your life it's happening to you.

We've been told the pay gap will be rectified by 2020, but who knows how? The only solution I can think of is that they take money away from men who probably think they deserve it. There's no more public money coming our way, that's for sure.

I've got two teenage daughters who will be out in the workplace in the next few years. I'd rather they knew I tried to make things fairer, so I don't mind sticking my neck out on this one. Even though I knew these figures were coming – seeing and hearing them strewn across every front page, radio and television channel has proved to be incredibly energising. ▶



The BBC's pay gap  
should galvanise  
all working women

## IS PAY TRANSPARENCY ACTUALLY HELPING?

Here, two women who work at companies with full pay transparency talk us through the pros, and surprising cons, of knowing what everyone around you earns



**Greenie Cheng, 33, is a lead software developer at GrantTree, a company that helps start-ups apply for Government funding. She's on £68k.**

Before I joined GrantTree four months ago, I was working at a financial firm and found out, through a casual conversation with a colleague, that I was getting paid £20k less than a man who was doing exactly the same job as me. Not only that, I was a lot more qualified than him. I was really disturbed by this, but was new to the company so reluctant to make a fuss. I didn't want to appear aggressive. Eventually, I told my boss I was aware of the discrepancy and if I wasn't paid the same as him in six months' time, I'd leave. I thought I had no choice but to give myself that time frame to prove my abilities in order to show I deserved the same as my male colleague. Six months later, I walked into my boss's office and got the pay rise I deserved.

Here, it's totally different. It's the first totally fair place that I've worked and that's largely down to the transparency around pay. The system helps retain the best people because you have to be open about whether you're happy with your pay. If there's any bitterness, it's discussed openly and dealt with, instead of disgruntled murmurs from colleagues rumbling on for months or years. Any resentment is nipped in the bud early on.

There's a mutual trust and respect between the company and employers here because of the openness. It also makes you feel closer to your colleagues because intimate conversations are commonplace and nobody has anything to hide. In the rest of society, it's those who are the best at arguing, negotiating and, sometimes, being aggressive who are rewarded financially, because they dare to ask colleagues what they're earning and challenge

it if they feel it's unfair. This is a much fairer system because we don't have to ask, we already know. New joiners can see our pay model, which explains how we determine salaries.

As with anything around pay, it can get awkward at times. Some days I know I haven't performed as well as my colleague who earns less than me and I worry about how that appears and whether that's unfair. There are times when I work from home and personal errands get in the way and I think about whether I really deserve to be paid more than the colleagues who are getting many things done in the office. When everyone knows each other's pay, there's a pressure to live up to it.



**Hailley Griffis, 25, works in PR at tech company Buffer, which made the news when its CEO posted everyone's salaries. She earns £56k.**

Putting our salaries online is only one part of contributing to equality for Buffer. The other is using a formula we created that determines pay fairly for each employee. This way, there is not a negotiation when we hire new teammates and everyone is on an even footing.

Despite having transparent salaries, a salary formula, and no negotiation, we do still have a gender pay gap.

We ran our numbers in April 2017 to look at equal pay at Buffer. On a role-by-role basis, women actually earn more than men by 1.4%-3.6%. We believe this is because, within certain roles, we have more women in expensive cities, which is a factor in our salary formula.

Companywide, if we just break down all men and all women at Buffer, men earn more than women by about 2.5%. This is because we have more men in traditionally higher-paying roles, like engineering. We have also had more men at Buffer for a longer period of time, as the company was founded by men.

Transparent pay and a salary formula are not the perfect solution to the gender pay gap. What we're working on is diversity in our hiring and ensuring that our teams are diverse. Fair and equal pay is something we are constantly working on. We don't have all the answers, but we're committed to monitoring pay for equality, recruiting and hiring diverse talent, and sharing all of this transparently to hopefully help others do the same.

### 'IT'S NOT JUST SALARIES WE NEED TO KNOW'



Sophie Walker, leader of the Women's Equality Party, says we need to consider three factors to tackle the gender pay gap

**1) You have to prove inequality exists.** That is why transparency is so incredibly important. All companies should be publishing pay and breaking it down by showing the number of full- and part-time employees, the number of BAME (Black, Asian and Minority Ethnic) and disabled workers and retention rates before and after maternity leave, so we get an idea of how robust companies are.

**2) Go back to the classroom and address our education system.** We still have a structure that encourages boys to believe they are better suited to certain jobs, that they have better skills and talent in speaking up and that their ideas have worth. We tell young girls that their biology makes them more suitable for the jobs we value less – like caring, teaching and nursing.

**3) Look at childcare.** The UK has the most expensive childcare in the world and it is a huge barrier to the world of work for women. Women take on the vast proportion of that responsibility. It's disingenuous to wonder why more women aren't in the top jobs when we make it so very difficult for them to balance work and kids.



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# SUMMER'S MOST WANTED

## £39.99 shirtdress

Very occasionally, we stumble on an item so impeccable, so stylish, so on point, it needs a page all of its own. Here's why we believe this is *the* dress you need to own today

2

**The neat collar**  
and buttoned cuffs add tailored precision that makes this dress safe for work. The 9-to-5 looks brighter already...

### Shirtwaister

The button-through dress is all about easy-breezy versatility. Fastened to the top = prim. With a couple undone = a hint of sass. Or, wear it over jeans and a tee.

### Crisp cotton

It's the kind of cotton that retains its charming shape (even when your commute is anything but). There's nothing worse than limp fabric in the summer heat.

**Red** We want it to be next season NOW! That's right, red's the colour for autumn/winter.

Dress, £39.99, and boots, £59.99, both Zara (zara.com)

**Silhouette** That nipped-in waist! The bracelet-length sleeves! The midi hem! Modesty is having a moment and, oh boy, it's seriously flattering.

### Bra issues

A summer dress that doesn't require complicated underpinning. Added bonus: that covered up look ensures this piece has staying power into autumn. Just add boots and a leather bomber.

**Print** Dismiss images of deckchairs, these stripes are the perfect summer print: pretty, punchy and surprisingly easy to wear thanks to the different widths and directions.

### THE OTHER DRESSES

TEAM GRAZIA  
ACTUALLY OWN...



1. Off-the-shoulder, £115, Kitri (kitristudio.com).
2. Yellow, £55, Marks & Spencer (marksandspencer.com).
3. Floral, £175, Uterqüe (uterque.com).
4. Gingham, £49.99, H&M (hm.com).
5. Hook and eye detail, £49, Topshop (topshop.com)



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**GARNIER**







# CARA BECOMES A 'TRIPLE THREAT'

3

**IT'S NOT OFTEN THAT MODELS** successfully transition into acting (Hi, Claudia Schiffer!), or singing (Hey there, Naomi Campbell!) – but could Cara Delevingne be about to break the mould?

Last week, the super won rave reviews for her role in *Valerian And The City Of A Thousand Planets*. Despite the film's mixed critical reception, trade bible *Variety*'s chief critic Peter Debruge described Cara as a 'revelation', adding that the 24-year-old is 'sassy, sarcastic and spontaneous'. Cara stars as Laureline, a time-travelling agent who battles to protect the city of Alpha, with him concluding that, 'She doesn't just save Alpha – she saves the movie as well.'

Last year, Cara's performance in superhero saga *Suicide Squad* was less rapturously received, with her later commenting, 'The critics have been absolutely horrific. They're really, really horrible. You know, I just don't think they like superhero movies. It doesn't really matter what the critics say, at the end of the day, it's the fans that we made this movie for.'

According to one source close to Cara, 'She's been under no illusion that she needed *Valerian* to be a hit. She's got a great team around her these days, but they knew that Cara was lacking any sort of critical acclaim. *Valerian* had to be the one to break the run of good appearances

but mediocre reviews. She needs to work her way up in Hollywood to the point where she can sell a film on her own and she's not there yet – but *Valerian* could change all of that now she's been praised like she has.'

The source continued, 'Cara's been deadly serious about the fact she wants to act and not be drawn back into huge modelling assignments, and being away from fashion and living more of a "normal" life has done her the world of good. She's fit and healthy, avoiding nights out, and has even been thrilled to have had her skin clear up, thanks to lots of sleep. Her make-up artist Molly Stern has been amazing for her and like a mum on the road. She's found fame hard but, for the moment, she's plain sailing.'

And for her next trick? Last week, Cara released what one reviewer described as 'the song of the summer'. *I Feel Everything* features on the *Valerian* soundtrack and is her first official music release – after teasing fans with the prospect of an album since 2013, when she posted a picture of herself with Rihanna's producer Isabella Machine. The song was produced by Pharrell Williams, who Cara duetted with in a 2015 Chanel campaign.

'Acting is Cara's main focus, but she was thrilled to finally share some of her music,' added the source. 'Now she's conquered modelling and acting, she'd love to make her mark on the charts, and has loads of tracks ready to go when the right time comes. The feedback she's had has been really positive, so she couldn't be more excited about the next stage of her career.'



Top: Cara in *Valerian And The City Of A Thousand Planets*. Above: Cara onstage at Club DKNY in London in June

Photos: Getty Images, Rex Features



# THE RISE OF ON-DISPLAY DRESSING



## IF YOU'VE EVER SEEN A PHOTO

of yourself that is, to put it kindly, less than flattering, then spare a thought for Cherie Blair. On the morning of 2 May 1997, the day after her husband Tony swept to power on the wave of New Labour's landslide election victory, Cherie was photographed answering the door to their Islington townhouse dazed and bedraggled in a cotton Next nightie.

Even in the world of 24-hour news, it's hard to imagine that happening to today's most photographed First Ladies and royals. Rather, for the members of an elite First Wives' Club, the 1% of the 1%, the dress code is airbrushed and flashbulb-ready at all times. Buffed, bronzed and blow-dried to perfection, their looks are as impeccably managed as their schedules. This is elevated attire for the world stage and the obliteration of the myth that the public personas we have access to are the same as the private ones.

Melania Trump is owning the new on-display dressing. As her husband does everything he can to appear distinctly *unpresidential*, she's morphing into First Lady Barbie before our eyes. This translates into a pitch-perfect wardrobe

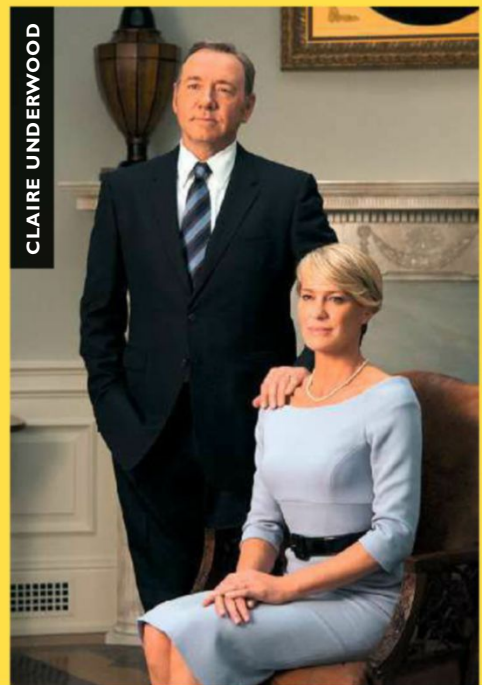


BRIGITTE MACRON



It seems the calculating (but chic) Claire Underwood has inspired the world's First Ladies

CLAIRE UNDERWOOD



of waspish waists, tailored skirt suits and teetering Manolo Blahniks. Swathes of head-to-toe potent, photo-op block hues reign, like the regal red Dior suit (main picture) she wore on her visit to Paris earlier this month.

Standing beside Melania was France's première dame, Brigitte Macron, who's quickly shown the world her own spin on the First Lady look, defined by modish Louis Vuitton minidresses, power blazers and skintight trousers. Knowing what works for you is essential (leg-flashing cuts for Macron, fit-and-flare sleeveless dresses for Trump), as it shows unwavering confidence. Refreshingly, it's this very confidence that suggests these women are in control, not merely decorative mannequins who provide window dressing for their husbands.

Their chosen weaponry might vary but, make no mistake, this is haute femme, high-impact armour of the highest order, power dressing for the iPhone era. Frou-frou and floaty is out; slick, precise silhouettes are in. In today's topsy-turvy political landscape, where the distinction between fact and fiction is blurred at best, it's fitting that the new on-display dressing should find its icon in a TV character: *House Of Cards*' FLOTUS and 'Lady Macbeth' Claire Underwood. Her wardrobe of cap-sleeved shift dresses, cropped jackets and crisp shirting in an expensive neutral palette sets the tone for a look that is aspirational ▶

The Duchess of Cambridge works the new power-dressing code





Spain's  
photo-ready  
Queen Letizia



**BUFFED, BRONZED  
AND BLOW-DRIED  
TO PERFECTION,  
THEIR LOOKS ARE  
AS MANAGED AS  
THEIR SCHEDULES**

but unapologetically unattainable.

This look exudes control, not warmth, perpetuating the wearers' identities as uber-women. The antithesis of effortless dressing, it's blatantly effortful (nobody, *nobody* rolls out of bed with hair like that). Whereas Michelle Obama and Sam Cam seemed at pains to portray the message 'We're just like you', by sprinkling their wardrobes with accessible brands like Topshop and Target, Whistles and J Crew, this is about dressing for the few, not the many (see: Melania's £40,000 Dolce & Gabbana coat). The royals are at it too. Princess Diana might have been beautiful and glamorous, but she also exuded a touching vulnerability and, to an extent, normality – dashing around Chelsea in her gym gear or jeans – a scenario far removed from the stage-managed perfection of Kate Middleton or Queen Letizia of Spain.

But how does this look work in the real world? In short, it doesn't. A fondness for white only works if you don't have to deal with toddlers or use public transport; sky-high stilettos are only a day shoe if your day involves being ferried around by a driver; a capacious carry-all bag can only be replaced by a neat, boxy clutch if your staff are toting your junk around for you. These women might look like they don't sweat or swear or spill things down themselves – and good for them – but they have teams and the budgets to achieve that. It's nice to look at in the same way it's pleasant to peruse expensive holiday destinations, sure – but remember: really, really getting things done has always involved a few stains and smudges.

## THE FIVE INGREDIENTS OF ON-DISPLAY DRESSING

1

*The look-don't-touch white dress*

£190, Reiss ([reiss.com](http://reiss.com))



2



*The power lunch jacket*

£59.99, Zara ([zara.com](http://zara.com))

3

*The leg-lengthening nude heels*

£470, Gianvito Rossi ([gianvitorossi.com](http://gianvitorossi.com))



4



*The matchy-matchy handbag*

£596, Aspinall ([aspinaloflondon.com](http://aspinaloflondon.com))

5



*The Jackie O 2.0 sunglasses*

£375, Linda Farrow ([net-a-porter.com](http://net-a-porter.com))



5



## Time to trade your holiday for a £1,000 face cream?

### WE'RE ALL FOR LUXURY

purchases every now and again. A £500 handbag here. A £200 pair of shoes there. A £40 lipstick. Absolutely. But could you justify £1,000 for skincare? Yep, that is not a typo. The RRP for this Lancer Youth Legacy Face Cream may cost as much as your rent or mortgage payments.

What could possibly justify the price? Well, for starters, it's made by the A-list's favourite dermatologist – Dr Lancer, a man who regularly tends to clients such as Victoria Beckham, Eva Longoria and Kim Kardashian. He describes the cream as 'the culmination of my life's work', having been inspired to formulate it by the treatments he carries out at his Beverly Hills clinic.

As such, he's unapologetic about the price. 'In my eyes, Lancer Legacy Youth Treatment delivers real value,' he told *Grazia*. 'There is no other product that can come close to what I have infused in it. Due to the highly complex and novel chemistry required for the actives to remain intact in this formula, Lancer Legacy Youth Treatment is made in select quantities, each arriving with its own certificate of authenticity.'

The 31 active ingredients, Lancer explains, come in extraordinarily high quantities, meaning it can deliver on its promise to preserve and revitalise ageing skin and protect it from environmental issues, such as pollution, by nourishing skin from the outside in.

It's why Dr Lancer warns that this treatment isn't necessarily designed to be bought off-the-shelf (currently, it's only available in Harrods). 'Prospective clients should consult our trained in-store advisers who will recommend an appropriate regime.'

### 'YIKES. IT ACTUALLY DOES WORK!'



**Acting deputy editor Jess Spiring, 41, put the cream to the test.**

I'm going to cut to the chase, friends. I regret to inform you that this cream, that's so expensive I was terrified I'd be mugged for it on the way home, is a frickin' revelation. Truly.

I wanted to hate it. I scoffed at the price, squinted sceptically at myself in the mirror, totted up how much each night's use cost (£20 a go) and tried to compare it with my usual supermarket night cream. I mean, yeah, I'm knocking on a bit, my skin's a bit parched and I shouldn't have got burnt on the beach last weekend, but what could a

cream possibly do to make me want to forgo a holiday to afford it?

But then I arrived at work two days into using it to be showered with compliments about my skin. 'So dewy', 'Oh my god, have you had fillers?' – you get the picture.

The radiance everyone could see meant I could ditch the BB cream I usually slather on. The thick cream settles beautifully on the skin, neither evaporating away like some lighter formulations nor sitting greasily on the surface. But let's not dwell on practicalities – what counts is the way it left my complexion poreless and radiant in a way it hasn't looked since, well, 2001.

So yeah. I loved it. And now I'm ruined. It's like flying first class. How am I supposed to go back to budget beauty now that I've experienced top-flight technology? So thanks a bunch Dr Lancer. You evil genius.

### BIG MONEY BUYS

Got some spare change? Meet our pick of the beauty big ballers...



**What it is?** Creed White Amber, £675 for 250ml.

**They say:** Contains pricey golden amber, while the bottle has 10 carat gold detailing.

**We say:** The ultimate gift-to-self.

**What is it?** Lancôme Le Teint Particulier Custom Made Foundation, £85.

**They say:** 78% of us wear the wrong base

skin at the counter to detect the exact pigments in your skin. You select the coverage, the numbers are crunched and, voilà!, your perfect match is created.

**We say:** It's not cheap but, oof, it's good!

**What it is?** Artis Elite Gold Brush Set, £486.

**They say:** The ultimate 10-brush set with the silkiest synthetic bristles

and gold-plated handles. **We say:** We'd invest in Artis's non-gold-plated Elite set of five essential brushes for £171.





6





# Nicole and Reese:

## BFFS OR BIG LITTLE LIES?

WORDS HANNAH FLINT

**IT WAS ONLY A FEW MONTHS** ago that Nicole Kidman said of her *Big Little Lies* co-star Reese Witherspoon, 'We're very, very close friends. We're able to talk about everything.'

But according to insiders, that's not strictly true. Apparently, an intense rivalry has erupted between the pair after they were both nominated for a Lead Actress Emmy for their hit TV drama, which won 16 nominations in total for the September ceremony.

'Reese and Nicole will both be campaigning hard to win that Emmy,' said a source. 'Reese has always been ruthlessly competitive and ambitious in her career and she hasn't lost that. But Nicole is enjoying a second coming in hers. At the moment, all eyes are on her and the awards she has been nominated for. This is the year that she really wants to take home an Emmy.'

Nicole, 50, and Reese, 41, bought the rights to the show and both worked as producers, with Reese recently hinting that a second series is already in the pipeline. But despite mutual gushing in interviews, there is said to have been friction on set.

Earlier this year, there were reports of heightened tension during filming, with Reese even saying she was 'losing her mind' before adding, 'I started to scream, and I've never screamed like this.

Like, howling.' She later admitted that Nicole was forced to step in to defuse the situation.

'There was definitely a lot of drama while they were filming *Big Little Lies*,' continued the source. 'There was a lot of tension between Reese and Nicole because, while they've been friends for years, it was the first time they'd worked together.'

'Things got quite heated from time to time and it mainly stemmed from Reese, who was a lot more involved with the production than the other actresses. It left Nicole acting as a mediator to try to keep the peace.'

'In public, it's all air kisses, but things got so fiery that people on set were terrified to be around them. It reached a point where people were walking on eggshells.'

Last week, Nicole opened up about going up against Reese for the Emmy (for Lead Actress in a Limited Series or TV movie), saying, 'I'm just feeling a whole lot of wow. I think we see it as a union. We've always been a team, we will always be a team. This is a sweet spot for all of us.'

But others aren't so sure. As one insider put it, 'Those who know both of them well are joking that their real acting skills will come out if either of them wins it. One of them will be doing their very best to hide their disappointment.'



Above: Reese has been gushing about Nicole and her other co-stars on Instagram



Photos: Barcroft Media, LMK, Instagram.com/reeseewitherspoon



# WHO, WHAT,

7

*AKA how we'd love  
to dress the Doctor*



1. Practical and zapped with colour, **JW Anderson's** oversized purple knit could add an eccentric flourish to cold nights in the Tardis.



2. **Balenciaga** have Time Lord chic sorted. These biker boots are ideal for making quantum leaps – and speedy getaways.



3. Treble denim by **Stella McCartney** could be the practical three-piece no-brainer.



4. **Louis Vuitton's** new Supreme bum bag – who says our new Doctor can't be cool?



# WEAR!

**NATURALLY**, we were thrilled by the news that the new Doctor Who is a woman. Jodie Whittaker, an excellent actor (if you watched *Broadchurch*, you'll agree) is to take up residence in the Tardis and on our screens from the Christmas episode. For the first time in *Doctor Who*'s 54-year history, female fans will see themselves mirrored on screen as the trailblazer, rather than the sidekick. Cue the sexist 'Male

Exterminator' backlash, despite this being 2017, and the sadly inevitable accusations of 'political correctness gone mad'.

Whittaker, the 13th Doctor, follows 12 male predecessors and of course her success rests, like theirs did, on the script (*Doctor Who*'s new executive producer will be *Broadchurch* creator Chris Chibnall) as well as Whittaker's believability as the very British 2,000-year-old Time Lord with two hearts and the ability to cheat death every few years and regenerate – this time with a vagina. And why not? Surely a change of gender is no less implausible than a blue Police Box with an infinite interior that can travel through time and space.

So far, the only glimpse of our new

Doctor reveals Whittaker with shortish no-nonsense hair, an oversized grey coat and hoodie. So far, so nondescript. But rest assured, her transformation is yet to come. Far be it for us to diminish Whittaker's role by reducing it to fashion. We have, nonetheless, had some fun with what our new heroine might wear. After all, the male Doctors all used fashion as a visual shorthand to highlight their individual quirks and characters that made them all the more convincing – from Tom Baker's extra-long striped scarf to Peter Capaldi's penchant for velvet – and, by rights, so should she. Taking inspiration, then, from the latest men's and womenswear shows, here are the looks we deem worthy of our first female Doctor Who...

Words: Rebecca Lowthorpe Photos: catwalking.com, Alpha, Getty Images, Rex Features



5. The Doctor travelled to A/W'17 and discovered the best way to wear **Balenciaga's** duvet coat was asymmetrically.

6. **Balenciaga's** take on a way more stylish alternative to the oversized man's coat.

7. Doctor Who in a skirt for the first time ever. Should the mood and occasion strike, this one from **Coach** would work.

8. **Lemaire's** billowing sleeve blouse and crossbody bag are both ideal for hiding weapons.

9. All Doctor Whos love a suit – can we suggest something along the lines of this cord **Prada** number?

10. **Dries Van Noten's** colourful quilt coat complete with landscape graphics of where she's been or where she's heading next.

11. For camouflage against the armless cocoon tribe, it's got to be **Comme des Garçons**.



# BRADLEY AND IRINA TO MARRY BY NEW YEAR

GRAZIA  
EXCLUSIVE

**AS THEY POSED** for photos alongside Allison Williams and Diane Von Furstenberg on holiday in Tahiti earlier this month, many assumed Bradley Cooper and Irina Shayk were celebrating the birth of their four-month-old daughter Lea.

But there is another reason for their smiles: they are officially engaged. 'There was a very intimate proposal at home,' a source told *Grazia*. 'Brad made her an amazing dinner before getting down on one knee and popping the question with an antique ring she'd been eyeing up for months.'

'She was shocked as she'd been thrown off the scent: Brad's mum Gloria told her he'd sworn off marriage forever after having his heart broken in the past.'

The pair first started dating two years ago after Irina, 31, broke up with Cristiano Ronaldo after five years together and following 42-year-old Bradley's split from Suki Waterhouse in March 2015.

Back then, they were seen going on a theatre date, walking in New York and kissing in a London car park. Then, last November, Irina prompted rumours that she was pregnant when she appeared in the *Victoria's Secret* show in Paris with a baby bump (Lea, was born the following March).

'Irina has her heart set on getting married over the New Year with a low-key wedding in Mexico,' added the source. 'She wants to be surrounded by just a few close family and friends, rather than some big, lavish bash.'

'Brad will probably ask Leonardo DiCaprio to be his best man and will have his A-list pals by his side. But they want to make it as intimate as possible and will make it a destination wedding which will be special for them both.'



Top: the couple in May 2016. Left: Irina on the *Victoria's Secret* catwalk. Above: Diane Von Furstenberg's Instagram post



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## LOVE ISLAND'S RACHEL: Couple's will stay together



The show's over – and the endorsements begin. But is it really worth it? Last season's favourite, Rachel Fenton, tells all...

**WILL KEM AND AMBER REALLY GET MARRIED?** Will caring for a fake baby make Olivia and Chris think about having their own *Love Island* offspring? And will Camilla finally believe she's good enough for Jamie?

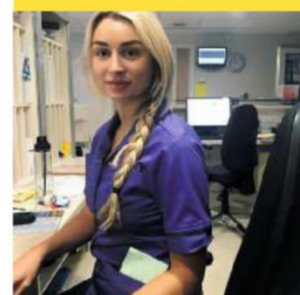
One thing's for sure, according to *Love Island* alumnus Rachel Fenton, *nothing* about their relationship will be the same off-camera. 'The first time we [Rachel and Rykard] had a conversation without being filmed was really weird,' she says. The 24-year-old nurse, who has since gone back to her job (more of which later) appeared on the show last year and so hit it off with fellow islander and personal trainer Rykard Jenkins, 26, that he walked out when Rachel was dumped from the villa.

With no viewers to impress or votes to consider, love outside the show was a totally different proposition. 'I felt quite nervous to see him. You feel like you're on a first date. Meeting someone like that on TV, I didn't have high expectations. But after the show, we were going through the same experience and got closer and slowly it developed into the much more normal relationship we have now.' 'Normal' being a relative scale for this reality TV couple – who jointly have 651,000 Instagram followers and document their daily lives – for their fans, and of course cash.

Defying cynicism, though, a year on, the couple live together in London and have been together since the show aired in July last year. It feels like a distant memory, but Rachel admits, you never *quite* escape the show. 'Everyone is still invested in your relationship – it's weird having strangers want to know what's going on.'

It'll be the same for the newbies as they fly home from Mallorca this week. 'I was honestly getting 100 people a day asking me for selfies – it got a bit worrying and

Above (left to right): Kem and Amber; Olivia and Chris; Jamie and Camilla. Below (left to right): Rachel on *Love Island*; back working as a nurse; Rykard and Rachel found love on the island and are still together







# for the money

Rykard didn't like leaving me on my own,' says Rachel. 'At the beginning, I enjoyed the attention, but after a while I shied away from it. I had a taste of that life and it wasn't what I was about. A lot of people think that's the dream – having people wanting your picture and getting into clubs free – but it gets very wearing.'

The freshly minted relationships might get equally tiresome IRL, but, Rachel explains, if this year's contestants are savvy, there's a huge advantage to toughing it out and staying together as the endorsement deals, fashion ranges and event invitations come rolling in. 'You can really utilise the fact you're in a couple in the outside world. Together, you have double the power – and that will be in some of the contestants' minds, which is quite sad, really,' she says.

Being in a couple has offered rewards for Rachel and Rykard, who use their shared power, posting on Instagram about brands they endorse, from protein shakes to facial clinics, through swimwear labels, and, at the start, her own fashion diffusion line. Their assertion of true love is slightly easier to swallow, however, given that

Rachel returned to full-time work as a nurse just four weeks after the show ended, fed up with celebrity.

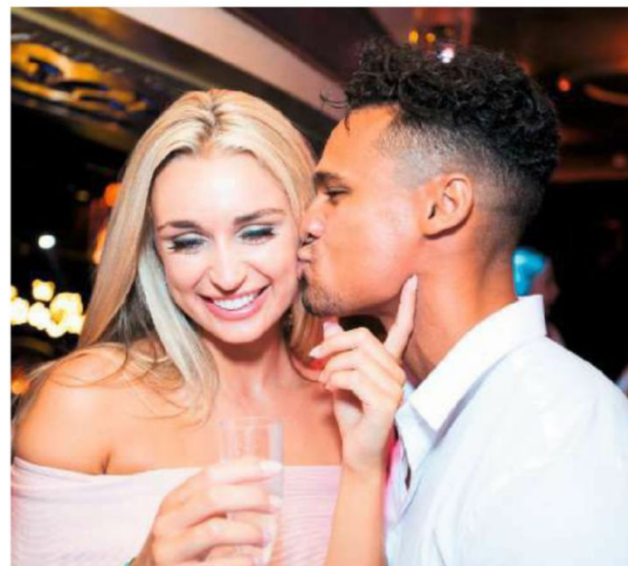
'I was so surprised by the money on offer for social media posts,' she admits. 'I just compared it to a day's work in the hospital, literally a 13-hour shift slaving away, to what I could earn putting up one picture on Instagram. The comparison blew my mind. But I went back to nursing because I enjoy it. I'd never want to go about my life just doing shoots or events.'

These days, she manages to juggle both, but many of the class of 2017 are likely to play the fame game 24/7, at least for now. 'I reckon this year's Olivia [Attwood] will do well on social media,' predicts Rachel. 'You can make hundreds of thousands if you work at it. The money helped me along – it allows Rykard and I to have a nice life and go on holiday a lot. I do like doing Instagram endorsements, but there are days when I don't want to come home from work and put make-up on and do a picture in a dress, I just want to slob out.'

And while the money is welcome, Rachel warns, this year's crew might not be prepared for the spitefulness of

some people on social media. 'They'll be prepared for their popularity, but I think the negative comments will be a shock,' she says. 'You don't know what's been in the papers or shown on TV. After I left the villa I really didn't want my phone back. I had so much anxiety about having it in my hand, like, "What's everyone going to say?" I didn't turn it on for days.'

So, in case you're reading this, Love Islanders (Hello! We love you!), Rachel says her best advice is to step away – now, while you still can. 'At the beginning, everyone gets so attached to their phones because everything is going crazy. But turn it off, have some time with your family, settle down and *then* go out. You need to prioritise things and be smart about working around your family and friends. Because *everyone* wants a piece of you.'





Beyoncé (right)  
in menswear  
label Palomo  
Spain, seen  
here on the  
catwalk (below)



# GENDER – SO LAST

10

**WHEN BEYONCE** took to Instagram to introduce twins Rumi and Sir Carter to the world last week, the surprise twist in the big reveal wasn't that she broke the internet (of course). It wasn't the unusual names (already trademarked), nor that the mother of two one-month-old babies looked so beatifically beautiful (standard). No, the big surprise was that Queen Bey's lilac dress – an extravagant cascade of romantic floral organza ruffles – was by exciting emerging designer Palomo Spain and actually *menswear*.

Palomo Spain is Alejandro Gómez Palomo, a young Spanish designer who finds the term androgynous 'old-fashioned' and is creating a buzz with his exuberant, stereotype-subverting collections. Marabou-trimmed capes, lace dresses, ornate brocades and lashings of pink all feature in Palomo's collections and herald the arrival of a new type of borrowed-from-the-boys dressing. Once this meant subdued wardrobe staples, such as slouchy grey



PALOMO SPAIN





GUCCI



WALES BONNER



VIVIENNE WESTWOOD



GUCCI

MARTINE ROSE



GUCCI



Words: Laura Antonia Jordan. Photos: Catwalking.com, Instagram.com, beyonce

# SEASON



YOUNG THUG



sweaters and outsize navy blazers. Now, however, menswear is embracing a more eccentric, eclectic, anything-goes aesthetic in which print, colour and ostentatious touches all headline. This is peacock dressing par excellence – and we want a piece of the action.

Matchesfashion.com's men's style director, Simon Chilvers, sees an invigorated confidence emerging. 'Traditional and often old-fashioned men's style rules are increasingly being ignored by a new generation. They don't feel that dressing up and being fashion forward calls their masculinity into question.'

Palomo isn't alone in proposing a more flamboyant take on menswear – and blurring the boundaries of where men's collections end and women's begin. Who could blame us for wanting to slip on one of the house's 'men's' colourfully patterned coats or a pair of those second-skin floral trousers? Ditto Grace Wales Bonner's beaded jackets, Martine Rose's XXL lemon pants or Vivienne Westwood's knitted

dressers? Givenchy is the latest house to announce it will be joining the likes of Gucci, Westwood and Burberry in showing its men's and women's collections together – a refreshing antidote to the gaping gender divide that exists elsewhere in the world and a move that makes perfect sense in the shift toward genderless style.

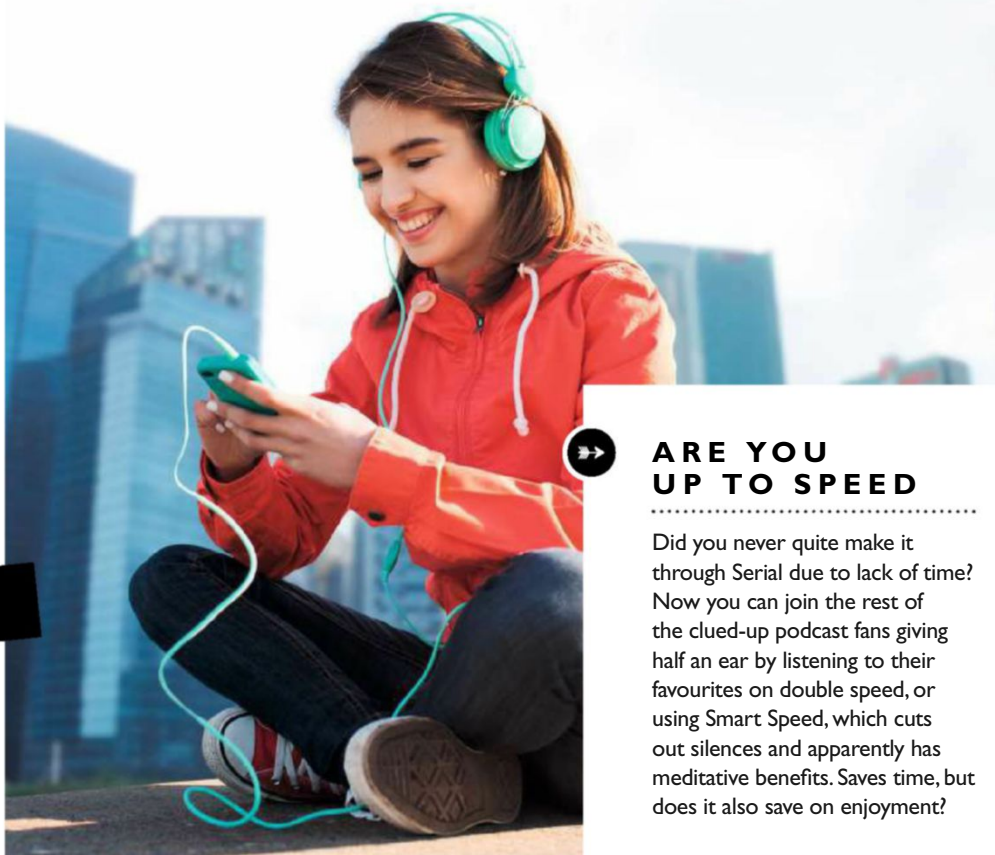
Maybe Beyoncé was making a subtly political statement on inclusiveness by opting for Palomo Spain – or maybe she just thought the dress was utterly fabulous and would make a damn good Insta-moment. That should be the rallying cry for getting dressed in 2017: if you like it, wear it.

But we'll leave the final word to rapper Young Thug, who was celebrated for wearing a dress on his *Jeffery* mixtape cover and who, in a 2016 Billboard interview suggested he'd be wearing a dress to his own forthcoming nuptials. 'When it comes to swag,' he said, 'there's no gender involved.' Word.



# THE BRIEF SHEET

*The other burning issues of the week*



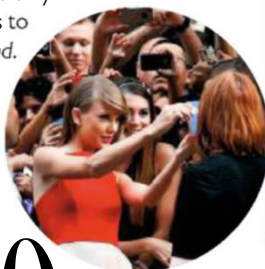
## ARE YOU UP TO SPEED

Did you never quite make it through Serial due to lack of time? Now you can join the rest of the clued-up podcast fans giving half an ear by listening to their favourites on double speed, or using Smart Speed, which cuts out silences and apparently has meditative benefits. Saves time, but does it also save on enjoyment?



## TENNER SAYS YOU GOT THE WRONG QUOTE

It's a truth universally acknowledged that a single £10 note must be in want of a quote. It's just a shame that on Jane Austen's currency debut, the quote ('I declare after all there is no enjoyment like reading!') was taken out of context. The line was uttered by a character who was only using books as a means to pull. Basically, *Love Island*.



STAT

# 2,000

The number of selfies a Millennial takes in a single year

## MIND THE BREXIT GAP

We're closing in on Brexit, but with a negotiating team led by nine men and only one woman, 56 female Labour MPs have appealed to Theresa May to *sort it out*. 'Brexit negotiations will need women's voices, on mainstream issues like the economy as well as on directly addressing, for example, how we maintain workplace rights,' they said.

## BITTER PILL

With moves to take the UK price of the morning after pill down after it was shown we pay nearly five times the European cost, Boots has said it's maintaining its high price because it 'would not want to be accused of incentivising inappropriate use'. We're not in Gilead now... Or are we?



## WOMAN ARRESTED FOR WEARING MINI

Footage that emerged of a young woman – known only as Khulood – walking through a historic quarter of Saudi Arabia wearing a short skirt and crop top resulted in her arrest in the conservative Islamic kingdom. She was later released without charge, but created a social media storm.





# POLLY VERNON

## DON'T GET HER STARTED... ON WHATSAPP GROUPS



Gigi was less than pleased to get another 247 WhatsApp notifications (probably)

Are WhatsApp group chats the closest technology has got to replicating PMS? I ask, though I already know. Yes, they are. How my hackles rise, my teeth bare, and a menacing growl reverberates in my throat, every time I get a notification (G\*\*\*\* G\*\*\*\* has added you to a WhatsApp group!). How sneering I grow, on realising they've tried for a funny/cutesy/punny name *again* (G\*\*\*\* G\*\*\*\* has added you to POST-PILATES-PISS-UP-POSSE group!). How rage-filled, on seeing notifications from other WhatsApppees roll in like stomach cramps of accumulating ferocity. D: I CAN COME NOW YAAAASSSSSS! B: Soz guys, I thought I could come but now I can't because my dog wasn't very well but now he's OK but I still think I should stay with him SAD FACE. R: Oh no, B, such a shame! Hope he's OK! SYMPATHETIC FACE. D: I can't come after all. R: Oh no, D, such a shame! Hope you're OK! SYMPATHETIC FACE. F: Dancing lady, cocktail emoji, aubergine, scrapey nail, WINKY FACE. Polly: I was going to come, but this drivell has put me right off.

There's something about the WhatsApp group dynamic that encourages otherwise semi-all-right humans to start acting like

ultimate nobbos. To out-do each other with the sharing of inane life details, entirely disproportionate enthusiasm levels; gratuitous emojis. It makes me *murderous*. 'So, do an early Whexit,' my friend T says. Me: 'Huh?'

'A WhatsApp group exit,' T says. 'There are three ways. A Stealth Whexit is where you mute the chat [open the chat stream, swipe left on its *stupid* name, then choose a mute period; may I recommend the full year?]. The messages keep coming, but the notifications do not, which means your head is in less danger of exploding; plus the group doesn't know you've muted it, hence stealth. A Tactical Whexit is where you wait until one of the group does the thing that annoys you most...'

Me: 'Gives waaaaaay too much info about why they can't come to a Thing! No! Does an irrelevant selfie! No! Does an emoji because they don't have anything to say, but can't bear to just SHUT. THE FUCK. UP.'

T: 'Sure. So you wait till *that* happens, *then* leave, flagrantly, hope they'll notice, realise why and never do the annoying thing again.'

Me: 'OK... And the third one?'

T: 'A no-frills Straight Whexit. Your basic yet dramatic, never-explained flounce-off.'

Me: 'That one! That's my Whexit!'

Polly Vernon has left the group.



### REALISATION PAR'S STEVIE TOP IN SUNFLOWER

In my basket as I type, one finger poised over the PayPal link button...



### LONG-TRENCH- WITH-SHORT-SKIRT

Killer combo for late July. M&S's Autograph trench will do nicely in this mix.

### RAE FEATHER X A PIEDI'S POM-POM SLIDE

A fine flat.



### FURRY POOL SLIDES

Top sweaty in the sun. Store them till the weather turns.



### MONKEY SELFIES

David Slater, who owns the camera this monkey selfie'd on, says he's been bankrupted by the legal case on whether he, or the monkey, owns the copyright.



### ANY RAY-BAN AVIATORS THAT AREN'T THIS FREAKIN' PERFECT

As show pony'd by Kevin Garvey on *The Leftovers*.





# BURSTING

GRAZIA  
AGENDA



Until 1967, gay and bisexual people faced shame, discrimination and even prison. To celebrate 50 years since legislation promised the start of sexual freedom for all, [Paul Flynn](#) spoke to LGBT trailblazers about how far we've come – and the work still to do



**ON 28 JULY 1967,** one day after the Sexual Offences Act had been passed, decriminalising homosexuality in England and Wales, Lord Arran offered his thoughts to *The Times*. 'I ask those homosexuals to show their thanks by comporting themselves quietly. Any public form of flaunting would be utterly distasteful.' This week, to mark the 50th anniversary of the ground-breaking legislation, the LGBT community will ▶

**Top row, left to right:** Ellen DeGeneres, Olly Alexander, RuPaul, Jason Momoa and Mo'Nique in *Young Soul Rebels*, Robert and Aaron from *Emmerdale*, cast John Hurt as the Naked Civil Servant, Madonna, Peter Tatchell, Keanu Reeves and River Phoenix in *My Own Private Idaho*. **Bottom row, left to right:** Frank



# WITH PRIDE



ILLUSTRATION CIARA PHELAN

from *The Boys In The Band*, Paris Lees, the *Will & Grace* gang. **Middle row, left to right:** Sir Ian McKellen, Graham Norton, book cover *A Boy's Own Story*, Quentin Crisp, Kele Okereke, Cara Delevingne, Shon Faye, Ocean, Nick Grimshaw, Mark Gatiss, Ollie Locke, Charles Jeffrey, Elton John, Neil Tennant and Chris Lowe, John Galliano, Boy George, Lily Savage, Ruth Hunt, Mary Portas, Laverne Cox



# OUR TRAILBLAZING PANEL



## Can you conceive of a time when being gay was an imprisonable offence?

**Olly Alexander** It's important to imagine what that was like, because it's a part of our history and not that long ago, either. It's great to be celebrating a milestone like 50 years, but we can't forget how far there is to go.

**Mark Gatiss** Being under 21 when I had my first gay experience, I can still remember the strange and naturally thrilling feeling of 'breaking the law', but that was obviously nothing like the fear of imprisonment, which is still the norm in other parts of the world.

**Will Young** Having grown up aware of the disgust of people, then turning that into a disgust at myself, then yes, I can. Even from a young age I was persecuted for being gay. I coped with it by being internalised and being in the closet until, luckily, I found the strength to come out. In those times, I like to think that, because of my strength of character, I would've eventually found my way and found love.

## How do you think you would have coped before 1967?

**Mary Portas** I often think about that. It's heart-wrenching and painful. You think about



mercifully be doing anything but.

Three years ago, I began writing a book, *Good As You*, the title nicked from the old G.A.Y. protest acronym about the slow march to British gay acceptance. Today, Britain is a very gay place indeed. Model of her generation, Queen Delevingne, is one of us. The haircut of the season, as sported by everyone from Cara's successor Adwoa Aboah to Kristen Stewart, is the skinhead, once the most notable signifier of lesbian revolution, now simple shorthand for metropolitan chic. Scottish Tory Party leader Ruth Davidson and 44 of her Parliamentary colleagues are LGBT. Radio 1's breakfast show is hosted by the brilliant Nick Grimshaw and the BBC's third highest-paid star is Graham Norton. Sirs Elton John and Ian McKellen are bona fide stately homos.

Inclusivity sizzles through us – until you remember the flipside. Tim Farron turned gay sex into an unlikely hot potato during the recent election and Theresa May reminded voters of her mostly appalling voting record on inclusivity legislation when she signed a pact with the DUP, a party whose opposition to LGBT rights is in its DNA.

To rise above it, for one day this week, please join us in waving hands, blowing whistles and possibly even shaving a sympathetic head in celebration at the amazing progress we've made in making the UK somewhere the LGBT community can consider itself as Good As You. *'Good As You'* (£20, Ebury Press)

Alan Turing taking his own life because of such oppression and rules made by men around religion. These terrible constructs that hurt people so badly that they took their own lives. I can still feel their pain.

**Nick Grimshaw** I can't even imagine that being a reality, being allowed to be anything other than who you are. It would've been horrific.

**Ollie Locke** I like to think I'd have found my happy-ever-after, in spite of everything.

## How far do you think Britain has come in terms of gay visibility and representation in the last 50 years?

**Elton John** It's changed out of all recognition. I was 20 when the Sexual Offences Act partially decriminalised homosexuality. Back then, being gay was acknowledged as a source of shame. Gay people were spoken of in euphemisms. A gay man was a 'bachelor'. Lesbians were 'tomboys'. Today, gay couples, married with children, are accepted by most people and even championed by some. There are openly gay people in all walks of life; politicians like Ruth Davidson, sports people like Keegan Hirst, Gareth Thomas and Tom Daley, and people in business like John Browne and Waheed Alli. Instead of being shamed in public, you would now be shamed for being publicly homophobic.

**Nick Grimshaw** It's been amazing. But that's very easy for me to say. In media and music you wouldn't get people saying, 'Oh, he's the gay one,' now. But I do realise that's a lucky part of the spectrum to be on. I used to feel a bit intimidated as a teenager around what I'd consider to be 'real' lads. I don't feel that any more. Masculinity has changed. David Beckham, even though he's straight, changed so much. Now you get ASAP Rocky carrying a handbag. It all helps.

**Kele Okereke** It's come a long way. I was watching *Emmerdale* a couple of days ago



and I was pleased to see a functional same-sex relationship on primetime TV. Obviously, there's room for more stories, more voices and more depictions of gay lives, but we've come a long way.

### Who has been the most important LGBT figure of the last 50 years?

**Elton John** That's way too hard! There have been quite a few. Photographer Robert Mapplethorpe was hugely inspirational – for putting 100% of his life into his art, which was so bold. There weren't any gay role models in the music industry at the beginning of my career; even Liberace was in the closet! We've come a long way since then.

**Charles Jeffrey** I would say John Galliano. He was bullied as a child for being gay; he's talked openly about it and how it played into how he did what he did at Dior. It also ties in to how he lashed out, because he was so used to being lashed out at. If you're bullied and chased, then you become that person.

**Olly Alexander** The person I have most respect for right now is Ruth Hunt [chief executive of Stonewall]. She's so smart. Everything that comes out of her mouth I feel privileged to hear. Stonewall has been such a great organisation for so long.

**Paris Lees** Me [laughs]. No, I'd say Laverne Cox. When do we hear the voices of black transgender women? She's a fantastic voice. Having a voice is not enough in and of itself if you haven't got anything decent to say. There's no one in the UK who touches her.

**Will Young** Peter Tatchell. He's been at the vanguard of human rights for nearly 50 years. He's been persecuted, laughed at and vilified by the establishment, even by the LGBT community, and he's been one of the bravest people.

**Kele Okereke** I think what RuPaul has done for bringing a fringe gay subculture so defiantly into the mainstream is incredible. I'm really blown away by the impact he's had at this point in his life. This is his most defiant act.

### Has being gay affected your career in any way?

**Gok Wan** The fact that I undress and dress women for a living and there's no sexual conflict there at all has probably helped it, even slightly. Being gay doesn't define anything about who I am. It's obviously a huge part of who I am, though.

**Kele Okereke** It's affected what I choose to write and sing about, it's affected how I sing and how I express desire. In terms of how people respond to me because of my sexuality or my race, then that's really not my concern.

It's important that as gay artists, rather than hide behind abstraction and vagueness, we need to be authentic about ourselves.

### What piece of gay art (film/book/play) would you take to a desert island?

**Elton John** Michelangelo's *David*.

**Nick Grimshaw** *In Bed With Madonna*. In that film she became a mother figure to all these ostracised gay kids that couldn't see their own parents, because even they couldn't accept them. I'd never seen a gay person that wasn't famous but that film was full of them.

**Mary Portas** It would have to be Donna Summer's *I Feel Love*. I remember being in my brother's hairdressing salon when I was 16, hearing it for the first time and all the gay guys were so liberated by that. It's just joyous.

**Ollie Locke** *Will & Grace*. Will was my first gay crush and gave me understanding of the gay world before the rise of bloggers or YouTube.

**Charles Jeffrey** *The Naked Civil Servant*.



## THERE WERE NO GAY ROLE MODELS IN MUSIC AT THE START OF MY CAREER. EVEN LIBERACE WAS IN THE CLOSET!



Quentin Crisp treated the problems of being gay in such a nonchalant, fabulous way. It was a horrible time but he delivers it in a comedic, positive way. The clothes were fabulous too.

### What's the biggest problem facing young gay people in Britain today?

**Elton John** Tragically it is still shame. Too often LGBT people are tolerated rather than accepted, let alone embraced. When almost half of all gay, lesbian, bi and transsexual pupils are bullied at school and, as a result, more than 60% self-harm and 40% of trans pupils have tried to take their own life, it's a serious wake-up call that gay stigma and shame are still poisonous.

**Mark Gatiss** I'm sure there's a persistent notion that social media has transformed the lives of young gays, but I'm sure it has just set up a whole new raft of problems, from body image to mental health. From my perspective, though, I fear that young gay people don't have much sense of their own history. I'd love younger people to know more about that to appreciate how we got here.

**Will Young** Homophobia in schools. I'd make sure schools are given powers to ensure it is banished and sex education is broadened.

### Who's the figure you'd choose as the brightest hope for Young Gay Britain?

**Elton John** I don't want to pin that on anyone! It's really tough to make people standard-bearers. But I do think artists, musicians, actors, and athletes – whether they are gay or LGBT allies – have tremendous power to change the whole vocabulary about homosexuality. There's so much hateful name-calling right now – racist, sexist, xenophobic. Fifty years after the Sexual Offences Act, being gay should finally just be being human.

**Mark Gatiss** Olly Alexander, who is out, proud, unashamed and beautiful. He fronts a documentary about gay mental health in the *Gay Britannia* season. We need way more Ollys!

**Nick Grimshaw** Frank Ocean is like George Michael, in that he's celebrated for how amazing his talent is. It's really nice to have a strong gay man who's cool, who's really heartfelt and can sing these songs that really appeal to everybody. They really touch people.

**Charles Jeffrey** I'm absolutely enthralled by the activist Shon Faye. She's really informed me about trans rights – her Facebook and YouTube videos are amazing.

**Paris Lees** I want to tell you about my friend Keira. She's 15, from Leicester, from a similar background to me. She's got the support at home that I didn't have as a teenager. Her school supports her. She has as good a chance as anybody else at having a happy, healthy, productive life. She gives me hope for the future. She's a ray of light. ■



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Should've gone to

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# YOU THE FASHION JURY

## OUR PANEL



**GEMMA HAYWARD**  
*Grazia's* senior fashion editor has more than a decade's worth of celebrity styling and fashion editorials under her belt. No A-list look will get past this eye for detail.



**RHIANNON EVANS**  
*Grazia's* commissioning and special projects editor replies to compliments about her clothes by proudly shouting the price – and how much it was discounted by.

## AND YOU

GIVE US YOUR  
CHIC CRITIQUE  
EVERY MONDAY  
@GRAZIAUK ON  
INSTAGRAM



Wow! We have some statement dressing going on – but does it speak to you?



CARA  
DELEVINGNE

### GEMMA SAYS:

Taking her acting extremely seriously, Cara is morphing into her latest big screen role IRL with this weirdly wonderful metal sci-fi gown. Cosmic!

★★★★☆

### RHIANNON SAYS:

Veery slinky Cara – and I don't mean the adjective, I mean the noun. As in, the low-fi springy toy you could spend hours watching 'walk' down the stairs. And now all I can think about is Cara bouncing down the stairs, step by step. So, if nothing else, the outfit has entertained me, I guess?

★★★★☆

### YOU SAY:

This DOES NOT look comfortable but Cara sure is looking fearless.

★★★★☆

@BEN\_NEALE



ALEXA  
CHUNG

### GEMMA SAYS:

Alexa doesn't do fashion mistakes, and you have to agree she looks dead cool in this mannish suit.

But with the shirt and tie it's a little, dare I say, *Bugy Malone*. Simply lose those and she's back to her rightful position on top of the style charts.

★★★★☆

### RHIANNON SAYS:

Suits you sir! The fact that we're looking at Alexa and making a joke from a '90s sketch show tells you everything you need to know about this outfit. I hate to be negative, so I'll congratulate her on doing an excellent job with that tie.

★★★★☆

### YOU SAY:

This makes me want to buy a double-breasted suit double quick!

★★★★☆

@MARIELOUISEOREILLY ▶





RITA  
ORA

**GEMMA SAYS:**

Channelling the great fashion PR guru Edina Monsoon, where more is more and clashing is a must – nails and shoes, check! Pass the Bolly, this ensemble is hurting my eyes.

★★★★☆

**RHIANNON SAYS:**

Do we joke about Austin Powers wanting his costume back? Or Studio 54 being closed? Or the print being like a magic eye poster? No, let's focus on Rita going for indigo toenails and yellow fingernails. Odd.

★★★★☆

**YOU SAY:**

Rita, I liked it better when J-Lo did it in 2003.

★★★★☆

@ELINLJONES



GIGI  
HADID

**GEMMA SAYS:**

Loving everything about Gigi's swan-printed PJ suit and she looks near perfect with slip-on loafers and cat's-eye shades – it's just the ridiculously small handbag that lets her down. But maybe all you need is a toothbrush and knickers when you look that good?

★★★★☆

**RHIANNON SAYS:**

Yes, we've all walked to the shops in our pyjamas, hair pulled back with dark glasses, clutching the tiny going-out-out handbag from the night before, because we've not decanted our cards and lipsticks back into our big bag yet. But Gigi, we expect better.

★★★★☆

**YOU SAY:**

Sophisticated and too cool for school.

★★★★★

@MIEOWCAT



CHARLIZE  
THERON

**GEMMA SAYS:**

Well, they do say underwear is the new outerwear, so Charlize has embraced this and forgone her top altogether. Good for her, layering is overrated anyway.

★★★★☆

**RHIANNON SAYS:**

This outfit is giving me flashbacks – growing up in Essex, there's the white shoe and foot tattoo combo. Also the '90s designer-labelled bra straps (ours were usually spelt wrong). But there's also me, making my school uniform-issue midi a mini – by yanking it up.

★★★★☆

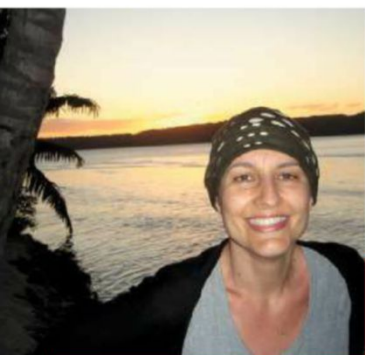
**YOU SAY:**

She does not age. This Dior situation is fresh and chic!

★★★★★

@JUST\_SOME\_MOMENTS





# I WON'T GIVE UP ON MY WIFE'S FIGHT FOR THE RIGHT TO DIE



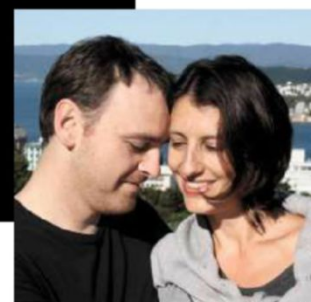
The legal right to die was again challenged in the UK courts last week, by Noel Conway, who has motor neurone disease. Here, Matt Vickers – whose wife Lecretia Seales was denied the right to choose how she died – talks about her legacy

**MY WIFE AND I** were together for 12 years, and married for nine of those. Before Lecretia was diagnosed with cancer, I was like you probably are – I hadn't thought much about assisted dying. Until you, or someone you love, faces a cruel death, it is unlikely you will think much about it, either. It might not be something you support – and in my case, even though I supported Lecretia's decision to battle for her right to die in court, I tried to discourage her. I could not understand why she would want to spend her final days that way when she could be with us. But Lecretia felt she had to make life better for others; it was her moral duty.

Eight hours before Lecretia eventually died, we discovered her legal battle to choose how she ended her life had been unsuccessful. I read the judgement out to her on her deathbed – too ill to speak, she instead fixed me with her one good eye. I could see she was disappointed. Later, I held her hand as she began to finally lose consciousness, while her parents looked on. As she passed away, aged just 42, I made the resolution that her sacrifice would not be in vain.

Lecretia and I had met 12 years earlier in a bar, in Wellington, New Zealand. She was intelligent, beautiful, kind and charming – an ambitious mix which led her to a successful career in law ▶

Lecretia – pictured here with husband Matt – spent her final days trying to change the law on assisted death





– but she was also deeply humble.

Over the years, I discovered how adored she was by her friends and family. She adored them in return. She never forgot a birthday. She was selfless to a fault – always putting others first – and her career, as a senior policy analyst for the New Zealand Law Commission, focused on changing the law to benefit society. It was her dream job. We got married and planned to have a family. We travelled, dined out, enjoyed nights at home on the sofa. Pregnancy was proving elusive, but felt achievable. Life seemed as though it was on the right course.

But, in 2011, everything changed. Lecretia had been complaining of persistent headaches, and was referred to a neurologist. We discovered she had brain cancer. It was extensive and they operated immediately. For the next four years, Lecretia battled with radiotherapy, chemotherapy and every kind of treatment that could help, while keeping her job at the Law Commission. Despite her cancer gradually affecting her mobility and causing paralysis in her left side, she would still take the bus to work every day, using a walking stick to get from place to place. We managed to take holidays, too – to Bermuda, Argentina, Morocco and the Cook Islands. Despite physical deterioration and exhaustion, she pushed herself to experience as much of life as she could. I remember the day she climbed Cerro Campanario in Argentina, a strenuous hike for anyone, let alone someone who struggled to walk – but she was determined to look out over the beautiful Andean mountain lakes.

Eventually, the effective treatments ran out and Lecretia had to come to terms with death. As the oncologist gave us this news, her mother and I pleaded with the doctor for more options. Lecretia, however, was silent and inscrutable, as though she was expecting it. The doctors couldn't be specific – her tumour could potentially do horrible things to her in her final days. It was utterly unpredictable. After reflection, Lecretia said that the imminent process of dying was worse than the idea of dying itself. She wanted to be able to take control as much as she could and say when she'd had enough, not be a passive victim of circumstance. For her, it was a simple choice between a quick, controlled death, and a possibly long and painful one.



Noel Conway, 67, has motor neurone disease and wants a doctor to be allowed to help him die when his health deteriorates further



## LECRETIA WANTED TO BE ABLE TO TAKE CONTROL, NOT BE A PASSIVE VICTIM OF CIRCUMSTANCE

There was just one problem: a doctor helping her die was against the law, so the law would need to be changed. It's the same in the UK, where doctors can face up to 14 years in prison if they help a terminally ill person die.

When she brought up the idea with me, I was confused – so was her mother. We assured her that we would look after her whatever happened, and that we wanted her to be around for as long as possible. But she explained that if the tumour got to the point where her quality of life was intolerable to her, she should be able to say enough was enough. 'My greatest fear is losing my mental faculties and leaving my husband with a mad wife to deal with, like Mr Rochester in *Jane Eyre*. As far as I'm concerned, if I get to a point where I can no longer recognise or communicate with my husband, then for all intents and purposes I will already be dead,' she wrote at the time.

Lecretia submitted a claim to the New Zealand High Court, deciding to use her example to challenge the government. Despite being semi-paralysed and confined to a wheelchair, she summoned the strength to appear in court as lawyers debated the morality and integrity of her request. Those opposed to

Lecretia claimed she didn't know the full ramifications of what she was asking for, and suggested she was vulnerable, but no one in the courtroom could doubt her resolve or intelligence. She was a rational, smart human being. Why should the law force her to die in a way she didn't want to, when there might be a better way?

The judgement was not in Lecretia's favour because her request could only be accommodated if Parliament addressed the issue and changed the law. Now, thanks to Lecretia, Parliament is acting. After a petition and an inquiry, in June, a bill was introduced in New Zealand for MPs to vote on. Lecretia's case sparked a discussion that continues to this day, on a scale she'd never have been presumptuous enough to hope for. For her family and me, this was a bittersweet victory. We were proud of what Lecretia had done, but still consumed by the grief of losing someone we loved so dearly.

A few months after Lecretia passed away, I moved to New York to start a new life, but my vow to my wife's mission is always present in my mind. I'm proud to say Lecretia's case was shared with the team working with Noel Conway, who last week asked for the right to legally die in the UK courts. Despite a 2015 poll showing that 82% of British people support it, MPs in this country have refused to legislate for assisted dying. And until the law changes, more people will live out their final days in courtrooms, in pain and anguish, or having nowhere to turn but suicide to escape their illnesses.

It hurts to think about what my wife put herself through in her final days – how she devoted so much of her precious remaining time to a cause so dear to her, only to have her plea denied by others who thought they knew more about how her life should end. But it will bring some comfort to me to know that my wonderful wife played some part, however small, in fighting for people to have the freedom and relief of having that choice, and that her fight in the courts helped create a better future for others – one she was denied. And in pursuing her legacy, I hope I can make Lecretia proud of me. It seems the right way to honour her memory and to ensure she's never forgotten. ■ *'Lecretia's Choice: A Story Of Love, Death And The Law' by Matt Vickers is out now (£12.99, Text Publishing)*



**Only 10 calories**  
a pot and its very  
own stretch of beach

**OTHER  
SNACKS  
ARE  
WELL  
JELL**



@Hartleys.Jelly





# HAPPY EVER THE OPTIMIST

PHOTOGRAPH JESSICA SAMPLE



No matter how many relationships have ended in failure, or life challenges she's faced, Sophie Kipner refuses to feel pessimistic. Time we all followed suit?

**HELLO, MY NAME IS SOPHIE**

and I'm an optimist. Friends worry for me. They talk of an intervention – and would force me to attend an Optimists Anonymous meeting if it did indeed exist – because no matter how much rejection I get, no matter how many idiots I date, no matter how old I feel, I still believe love is just around the corner. So, the question is... does that mean I'm crazy?

I'll admit it: I'm optimistic because of the high. I get excited about the idea that things are going to get better. I found myself air-pumping while stuck in traffic the other day when a song came on the radio that reminded me of guy I used to date, because – instead of being pissed off I was late – I was thinking how grateful I was to have not been knocked by some bad decision that would have taken me down another road. I was in gridlock, but I was free! Optimism is a choice. It's difficult and impractical to be positive all the time (of course I have moments when I worry and stress), but how I choose to see things is actually all I can really control, and I've noticed that thinking positively does lead to my happiness. It means that the chance of an even better outcome than I could imagine exists.

You see, I grew up in a house of optimism. It was California in the '80s and sadness didn't have a seat at our table (which has its own problems). My dad, the king of positivity, wouldn't even let me think negatively. The thing I would get in most trouble for wasn't staying out late or not doing my homework, it was for playing the victim. He had no time for that, so he'd reframe everything. ►



Instead of getting consolation when my first relationship went pear-shaped, he put his hand out for a high five. 'That's great!' he screamed, joyously, pointing out that this was a good thing. To him, this meant I was lucky enough to feel, that I had earned real emotion. I was alive!

Sometimes, it would drive me mad. I wanted to be sad and miserable just to rebel, like when I had operations on my reproductive system in my early twenties and he told me he knew I'd be OK, even after the doctors warned of potential complications. I wanted him to admit it was a terrible thing, that I deserved his sympathy, this sadness. I interpreted his assuredness, his 'all will be OK' outlook as meaning my pain wasn't real.

In the end, though, he was right, and I realised my pessimism was only a plea to legitimise myself. As if I would win points for having to endure real shit.

Turned out, being happy was infectious. Regularly, my friends would come over so my parents could instil in them this power of positivity. It felt good to hear that the optimists could do anything. We celebrated imagination and possibility, which in turn infused us with creativity. We weren't immune to struggle, of course. We had to deal with death, with uncertainty, with being human. But the difference, maybe, was that we were told change was always for the better, no matter how scary it felt at the time.

The trouble is, if you're too optimistic in love, you're made to feel almost insane. But optimism in love just means continuing to believe that things have gone wrong for a reason, to bring you closer to the one you're supposed to be with. Yet the older we get, the more ridiculous we are made to feel for believing it's still out there, despite our failures.

I've lived with a magician who, while kind, would get so wasted he'd crash his car (multiple times). I've said 'I love you'



**I'D RATHER RISK  
BEING ACCUSED  
OF HAVING  
TOO-HIGH  
EXPECTATIONS  
THAN SETTLING**



to a guy who thought my eyes were blue (they're not), and I've dated a guy who was leading a completely duplicitous life while he planned our future. He even told me he *had* to have sex with other women to give them closure. With his dick. That really sucked. I tried to wallow in that startling news but my brother and dad were right there next to me, trying to high-five me again, thrilled that I'd dodged yet another bullet.

Despite being casually ridiculed by my friends, who think they're witnessing a train wreck, I've only been chastised for my optimism by someone I was dating once. I'd just moved to London to live with a guy I'd been friends with for 13 years. I think I knew we weren't right – we were so different – but I thought how romantic it would be if I were wrong. I wanted Paula Abdul to be right: that opposites really do attract. So, there I was on our first weekend together, after years of courtship, but instead of frolicking around a new city on pub crawls, swinging around sign posts and making out in the rain between pints, he told me he was going golfing. *Golfing*.

My chin hit the floor so loudly he had no choice but to feign confusion and ask what else I had in mind. I told him about the rain and the dancing and the beer. He told me we weren't in *Singin' In The Rain*. But we weren't 10 years into a marriage, I pleaded; just a week into living together. Nevertheless, he played golf and I went to the movies, and the relationship was over before the credits. The problem was, its demise dug its teeth in me because it made me question if my ideas of love were unrealistic. In the end, our relationship failed because he made me feel crazy and

I made him feel boring. Being with each both other amplified and threatened who we were at our core: my optimism made him feel bad for being a realist, and that would never change because that was who we were. The rejection hurt, but I pulled myself up. Eventually, it was just another dodged bullet.

No matter how terribly so many of my romantic misadventures have turned out, I always jump in wholeheartedly at the next opportunity – as if I've never tasted that disappointment. Despite even writing a novel about a delusional girl trying to find love (which doesn't bode well on first dates when asked what I do), I still hold on to the idea that true love exists for us all. I'd rather run the risk of being accused of having too-high expectations than of settling.

And it's not just about love. It applies to the rest of my life. I attribute my overall happiness, the fact I'm lucky enough to work doing what I love, that I get to explore and meet wonderful people and have a wide and loyal friend circle, to my optimism. When I'm positive, I'm a better friend, better sister, daughter, woman, human. And when I wobble, which is often, I reset the switch. Sometimes, life is so challenging it can feel like a lie to reframe it into something positive, but you have to try. Pity parties – at length – are tiresome. Forcing a smile in the face of adversity isn't faking it; it's just making your mindset your reality... because eventually, your brain can't even tell the difference between what you think and what's real. So you might as well imagine the best. Optimists, are you with me? ■ *Sophie Kipner's book, 'The Optimist', is out now (£14.99, Unbound)*



# PARTY PEOPLE

*This week's hottest happenings*

WE HAD A CHAMPION TIME AT THE TENNIS!

LAURA BAILEY

YASMIN AND  
TALLULAH LE BON

RUTH WILSON

SOPHIA  
HESKETH

SIENNA MILLER

ROGER FEDERER

BRIAN AND  
DOMHNALL GLEESON

## GAME ON

**WHAT** Wimbledon Men's Final  
**WHERE** Ralph Lauren VIP suite  
**WHO** Alexa Chung,  
Ruth Negga, Uma Thurman

Where better to celebrate Roger Federer winning Wimbledon for the eighth time than at the All England Club's Ralph Lauren VIP suite? That's where we were as he went head-to-head with Marin Cilic last week. Our company? Sienna Miller, who was taking time out from performing *Cat On A Hot Tin Roof* in the West End, with her co-star Brian Gleeson. Later, Brian and his brother Domhnall caught up with Ruth Negga over afternoon tea.

GRAZIA DRANK  
Pimm's  
GRAZIA ATE  
Lancashire fillet  
of beef

RUTH NEGGA

YASMIN LE BON

ELEANOR  
TOMLINSON

LEVON THURMAN-HAWKE  
AND UMA THURMAN

OLIVIA  
BUCKINGHAM

JJ LIN

ALEXA CHUNG



THE A-LIST TRIED OUT FAST CARS AND LUXE JEWELS

JASMINE GUINNESS

WHAT A GEM!

**WHAT** Résonances de Cartier launch  
**WHERE** Reform Club, London  
**WHO** Neelam Gill, Caroline Issa, Arizona Muse, Jasmine Guinness

To Pall Mall, where we joined a bejewelled Neelam Gill, Arizona Muse and Jasmine Guinness at the Reform Club to toast the Cartier High Jewellery collection arriving in London for the first time in more than a decade. Harpist Tara Minton performed a set in the garden, while a special sound installation brought the exhibition of more than 600 pieces to life.

ANGELA RADCLIFFE

TARA MINTON

LAURENT FENIOU AND ARIZONA MUSE

CAROLINE ISSA

MARIA KASTANI

VICKY MCCLURE AND DAVID GANDY

GRAZIA ATE  
Poached rabbit with  
apple and bourbon  
GRAZIA DRANK  
Cartier champagne

NEELAM GILL

SIENNA MILLER

GRAZIA ATE  
Seared scallops  
and mash  
GRAZIA DRANK  
Belvedere vodka  
cocktails

DESIGNATED DRIVER

**WHAT** Jaguar E-Pace launch  
**WHERE** ExCeL London  
**WHO** Winnie Harlow, Vicky McClure, Sienna Miller, Nick Grimshaw

We arrived at the ExCeL London to the sight of Winnie Harlow, Mary Charteris and Jaime Winstone behind the wheel. The occasion? The launch of Jaguar's E-Pace. The trio giggled as they tried out the new car, while Vicky McClure and David Gandy were in good spirits as they posed for pictures together. Later, Pete Tong and Raye provided the music.

JAIME WINSTON

NICK GRIMSHAW, RAYE AND PETE TONG

MARY CHARTERIS

Words: Hannah Flint Photos: Dave Bennett, Nick Harvey



LOVE

# HOW TO BE IN FASHION NOW!

The early noughties logo bag is back and better than ever. This Dior one has shot to the top of our autumn/winter wish list

LOVE



DIOR ADDICT CANVAS FLAP BAG,  
£2,600, DIOR (DIOR.COM)



# THE WAY WE WEAR...



MILAN FASHION WEEK

1.

ALL WHITE NOW



Gold earrings, £130, Dinny Hall (dinnyhall.com)



Jacket, £245, Topshop (topshop.com)



T-shirt, £43, Rouje (rouje.com)



Black trainers, £98, jigsaw-online.com



Trousers, £175, Topshop (as before)

MAX MARA



2.

## SUITS

*Matching sets make for easy summer dressing*

Not only safe for work or winter, the right jacket and trouser combo is a warm-weather no-brainer too. Surprisingly versatile, a pop of colour loosens up the silhouette for day, while velvet gives the suit a dash of decadence for after-dark. Want to make a simple but effective statement? Opt for crisp white with minimal accessories.



Jacket, £229, Baukjen (baukjen.com)



Earrings, £45, Otiumberg (otiumberg.com)



Trousers, £119, Baukjen (as before)



Jumper, £270, Equipment (net-a-porter.com)



Shoes, £49.99, Zara (zara.com)

TRUE COLOURS

3.



ZARA



Velvet jacket, £249, Whistles (whistles.com)



Velvet trousers, £175, Whistles (as before)



Shoes, £375, Stuart Weitzman (net-a-porter.com)



Bag, £24.99, H&M (hm.com)



Camisole, £45, Ganni (ganni.com)

SOFT TOUCH



JUST  
ONE  
THING

1.



## SLINKY WRAPPERS

*Dressed up or down, silky wrap tops are our new wardrobe essentials*

2.



3.



4.



5.



1. Spotty, £17.99, **New Look** ([newlook.com](http://newlook.com)). 2. Star print, about £107, **Réalisation** ([realisationpar.com](http://realisationpar.com)). 3. Pink, £635, **Tomas Maier** ([net-a-porter.com](http://net-a-porter.com)). 4. Flared sleeves, £114, **Rouje** ([rouje.com](http://rouje.com)). 5. Navy blue, £29.99, **Zara** ([zara.com](http://zara.com))





Sunglasses, £12, ASOS (asos.com)



Dress, £45, ASOS Curve (asos.com)



PREEN BY THORNTON BREGAZZI



T-shirt, £4.99, Bershka (bershka.com)

# MORE FASH LESS CASH



Shorts, £19.99, H&M (hm.com)



Top, £28, Miss Selfridge (missselfridge.com)



Earrings, £9.99, Mango (shop.mango.com)



Dress, £55, Oasis (oasis-stores.com)



Top, £16, River Island Plus (riverisland.com)



3.1 PHILLIP LIM

BALENCIAGA

## H HOT COLOURS

Pack-a-punch colour-blocking is here to stay for A/W '17, but for now have fun in the sun with these casj styles. Clash with another bold colour or wear one shade head to toe. This is not a trend for the fashion-shy, but oh boy does it look hot!





Jeans, £96, Whistles (whistles.com)



Dress, £89.99, Zara (zara.com)



Dress, £17.99, New Look (newlook.com)



TOD'S



JOSEPH



Shoes, £36, Next (next.co.uk)



Bag, £99, & Other Stories (stories.com)



KOCHÉ



Bikini top, £22.50, and briefs, £14, both M&S Collection (marksandspencer.com)



Jacket, £49.99, Mango (as before)



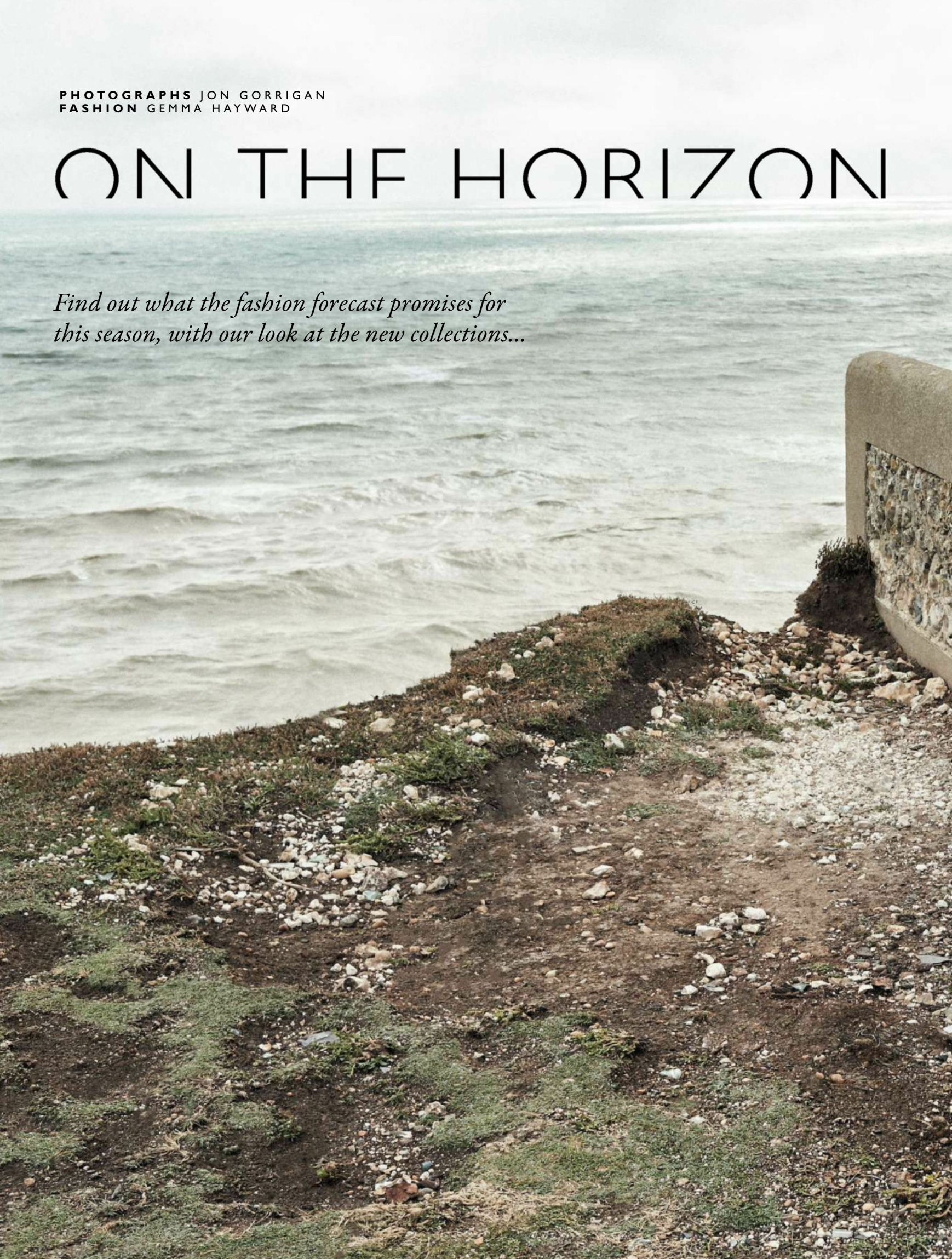
Culottes, £125, Karen Millen (karenmiller.com)



PHOTOGRAPHS JON GORRIGAN  
FASHION GEMMA HAYWARD

# ON THE HORIZON

*Find out what the fashion forecast promises for  
this season, with our look at the new collections...*





A woman with dark hair pulled back, wearing a long, plush brown coat over a matching ribbed turtleneck and trousers. She is standing on a gravel path next to a stone wall, with the ocean and a cloudy sky in the background. The coat has a thick fur collar and a single button visible. She is leaning against the stone wall with her left hand.

MAX MARA

Not just any tone-on-tone, make it every shade of tan

Coat, **£1,740**, jumper,  
**£295**, turtleneck  
top, **£380**, trousers,  
**£305**, and shoes,  
**£355**, all **Max Mara**  
(020 7499 7902)



Coat, £2,295,  
and boots, £1,155,  
both Miu Miu  
(020 7409 0900)

MIU MIU

This season's most covetable fluff is inspired by the toy department



Blazer, **£1,800**, and  
skirt-effect trousers,  
**£1,400**, both  
**Giorgio Armani**  
(020 7235 6232)

GIORGIO ARMANI  
Power blazers with sculpted shoulders reign on the tailoring front





Jumper, **£1,400**,  
sleeveless  
turtleneck, **£700**,  
and jeans, **£1,400**,  
all **Louis Vuitton**  
(louisvuitton.com)



LOUIS VUITTON  
The strongest sweater of the season has graphic motocross vibes



A woman with dark hair, wearing a light blue Céline coat, stands on a dirt path in a grassy field. She is looking off to the side. In the background, there is a white cliff face under a cloudy sky.

CELINE

Blue is the colour, especially *this* blue

Coat, **£2,675**,  
dress, **£1,561**,  
and boots,  
**£570**, all **Céline**  
(020 7491 8200)



DIOR

Gossamer fabrics are best worn over logo pants. Leather beret a must, too

Dress, **£11,000**,  
bra and knickers set,  
**£650**, beret, **£300**,  
earrings, **£320**,  
and tights, **£220**,  
all **Dior** (dior.com)








Cardigan, **£2,795**,  
jumper, **£2,535**,  
and skirt, **£1,455**,  
all **Prada**  
(020 7647 5000)



PRADA  
This is surely the ultimate knit three-piece




A woman with dark hair pulled back stands in a field of tall, dry grass. She is wearing a long, flowing, light pink dress with long sleeves and a high collar. The dress has a subtle waistline and a full skirt that pools around her feet. She is looking off to the side with a serious expression. The background shows rolling hills under a cloudy sky.

VALENTINO  
The new cover-up? It's a silky dress

Dress, **£1,760**,  
**Valentino**; boots,  
**£1,130**, and set of  
rings, **£350**, both  
**Valentino**  
**Garavani**  
(valentino.com)



A woman with dark hair pulled back stands in the center of a grassy cliff. She is wearing a long, red, double-breasted coat with a wide collar, large buttons, and a matching belt with a large silver ring buckle. The coat has tie details at the cuffs. She is also wearing red boots. The background features a grassy cliffside, a white chalk cliff face, and the sea under an overcast sky.

EMPORIO ARMANI  
How to look good, red to head

Coat, **£1,250**, and  
boots, **£770**, both  
**Emporio Armani**  
(020 7823 8818)



Coat, pyjama jacket,  
shirt and trousers,  
all price on request,  
**Dolce & Gabbana**  
(dolcegabbana.com)

**DOLCE & GABBANA**  
The rose is this season's trademark bloom





CALVIN KLEIN 205W39NYC  
The best example of the leather jacket reboot

Jacket, **£4,555**,  
and coat (worn  
underneath),  
**£3,660**, both  
**Calvin Klein  
205W39NYC**  
(calvinklein.com)



Dress, **£7,940**,  
**Gucci**  
(020 7235 6707)

**Photographer's assistant**

Grace Difford

**Fashion assistant**

Jessica Skeete-Cross

**Casting and**

**bookings editor**

Holly Scott Lidgett

**Model** Veroniek

Gielkens at IMG

**Models Hair**

Björn Krischker at

Frank Agency using

Sachajuan **Make-up**

Kenneth Soh at

Frank Agency using

Marc Jacobs Beauty

and Emma Hardie

**Digital operator**

Bruno Bapista

With thanks to  
the Rathfinny Wine  
Estate, Sussex.  
The Flint Barns are  
available for bed and  
breakfast, to hire on  
an exclusive basis  
and for functions  
throughout the year  
(rathfinnyestate.com)



GUCCI

Should you wish to indulge in 1970s glam, this is it









**THE FRAGRANCE FOUNDATION**



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# GRAZIA BEAUTY

**SLEEK CHIC:** *Slick, wet-look hair ruled the summer runways. To follow suit, spray hair with water, apply a wet-look gel and comb it away from the face, keeping it tight to the head behind your ears.*

ALTUZARRA

1. Kérastase  
Couture Styling  
Crème de la Crème  
Blow Dry Cream,  
£20.20. 2. Kevin  
Murphy Shimmer  
Me Blonde, £22.  
3. Macadamia  
Healing Oil Infused  
Comb, £4.95

HOW  
WE  
WORK  
IT

1.

2.

3.



*When it comes to holidays, the Grazia beauty team  
have their travel arsenal down, whether it's a city sojourn  
or long-haul adventure. Thank us later...*

# PACK LIKE A PRO

PHOTOGRAPHS MARCO VITTUR  
& CONOR SHEEHAN





1. Miller Harris Le Cèdre. £165. 2. Dr Hauschka Foundation, £30.
3. Trish McEvoy 24-Hour Eye Shadow And Liner in Smokey Emerald, £24.
4. Orveda The Healing Sap, £125. 5. Rimmel London Super Gel Nail Polish in Coral Queen, £5.99. 6. Avène Cleanance SPF 50, £16.
7. Institut Esthederm Micellar After Sun Shower Gel, £18.
8. Almora Botanica About Face Evening Face Wash, £18

## THE WELLNESS WARRIOR

**Who:** beauty and health director Rose Beer

**What's your take on make-up when flying?**

I take my make-up off immediately on boarding and apply a rich, moisturising cream. Even if I scare my neighbours with Elemental Herbology Nutrition Infusion Sheet Mask (a little ghost-like!), £35 for a pack of 4, they'll soon appreciate the divine smell.

**Which foods keep you energised?**

I don't eat plane food and pack my own picnic, or pick up juices, porridge and fruit at the airport. A banana always works to energise pre-landing.

**What's your SPF golden rule?**

Being very fair, I wear SPF 50. I apply it immediately after my morning shower and before I get dressed, to ensure I don't miss anywhere. My choice for summer?

Avène Cleanance SPF 50, £16.

**To what extent does your fragrance depend on your destination?**

It doesn't really – it depends on my mood. I love colognes. And while citrus notes smell so fresh, clean and uplifting, there's something about earthy, more masculine notes that, when used sparingly, linger beautifully on summer skin. My pick? Miller Harris Le Cèdre, £165.

**What chances do you take with your make-up when abroad?**

When I am on holiday, I try not to wear make-up to give my skin some much-needed time to breathe, but I enhance my eyes with a quick scribble of Trish McEvoy 24-Hour Eye Shadow And Liner in Smokey Emerald, £24, and swipe the subtly tinted Clarins Instant Light Natural Lip

Perfector, £33 (part of a set), across my lips.

**What wouldn't you travel without?**

A silk eye mask, This Works Deep Sleep Pillow Spray, £18, and Aromatherapy Associates Deep Relax Bath & Shower Oil, £45. I get terrible jet lag and they all help me on my way. Also hand sanitiser and Emergen-C Sachets, £13.99 for 24, to stop me getting sick.

**Top packing tip?**

I travel a lot so keep a pre-packed wash-bag with separate products to those I use every day (a real beauty editor perk). It means that I don't leave anything behind – and minimises packing time. New additions include Institut Esthederm Micellar After Sun Shower Gel, £18, and Bamford Botanic Sugar Polish, £35, to buff dry patches.

**How do you unwind/get headspace?**

I always take a camera on holiday – it means I can leave my phone in my hotel room, too. Checking emails from your sun lounger is a depressing habit! I also read non-stop and try to swim. I love the breathing app Pranayama. Personal trainer Lee Mullins of Workshop Gymnasium introduced me to it and I've found it hugely helpful.

**When in the heat, what's the best alternative to a bath?**

I still take baths, but run them cooler and tip in House of Intuition Moonlight Bath Bags, £9.50 – they're so practical and are a lesson in aromatherapy. I also light a dinky version of my Diptyque candle. A cold shower isn't bad either – it soothes sun-licked skin and locks moisture into my hair. ▶





1. Benefit Boi-ing Hydrating Concealer, £17.50. 2. Murad City Skin Age Defence Broad Spectrum SPF50, £45.
3. Escentric Molecules Escentric 04 30ml, £36.
4. Elizabeth Arden Eight Hour Limited Edition Lip Protectant, £20 (part of a set). 5. Deborah Lippmann Hologram Girl Nail Polish Set, £15 for two. 6. Renouve No 6 Anti-Ageing Hand Sanitizer, £22. 7. Rimmel London Fix & Go Setting Spray, £6.99. 8. Guerlain Météorites Baby Glow Touch, £31



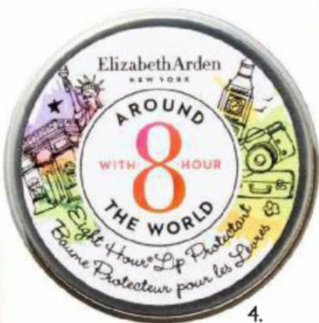
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## THE SERIAL CITY-BREAKER

**Who:** associate beauty editor Sam Freedman

**How do you keep your skin hydrated when flying?**

Travelling often leaves my complexion flat. A peony-packed L'Occitane Flash Moisture Mask, £6, is my go-to. When I'm delayed, I take to the airport sink with OM Skincare's Mindful Traveller Skincare Stick, £48 – a cleanser and moisturiser in one.

**What's your SPF mantra?**

Factor 50 every day, without exception. In urban areas, I enlist a multitasking product that staves off pollutants, too. Murad City Skin Age Defence Broad Spectrum SPF 50, £45, is light, sits silkily under my base and, most importantly, doesn't grey my face.

**To what extent does your fragrance depend on your destination?**

My choice follows my mood, so one – even for a weekend – fails to suffice. Escentric Molecules' new offerings mean I can mix it up from day to night. Molecule 04, £36, has a woody base that lasts the day, while Escentric 04, £36, is a playful blend of lime, rose, grapefruit and pink pepper – it's super-sexy, great for dinner dates and dancing.

**What is your No. 1 packing tip?**

As told to me recently at a fragrance launch, if you spritz the inside of your packed case with room spray, when you arrive and open your case, you'll instantly feel a sense of home. It really works and my clothes smell like fresh laundry.

**Which product allows you to skip the liquid-check queue?**

Keen to limit my liquids (I've said a heartfelt goodbye to many a product at security), CLE Cosmetics Melting Lip Powder in Milk Choco, £16, is my lip choice. It transforms from powder to cream on application.

**What wouldn't you travel without?**

My cashmere pillow, blanket and eye mask set are the ultimate luxury. Granted, Jet2 is hardly conducive to such things but late-night flights mean I need to get a head-start on my beauty sleep. I also apply Elizabeth Arden Eight Hour Cream Sun Protectant, £26, incessantly on my lips and any insect bites. Post-flight, Benefit Boi-ing Hydrating Concealer, £17.50, brightens darkly ringed peepers in one swoop.

**What do you avoid in the heat?**

Heavy powders are sacrilegious in the sun. Instead, opt for light and creamy formulas and set everything in place with Rimmel London's Fix & Go Setting Spray, £6.99. When the mercury rises, I enlist TRESemmé Keratin Smooth Shine Oil, £5.50, on my hair for its 72-hour frizz-fighting prowess.

**How do you relax on a city break?**

In-room pampering is my saviour and cult brand OUAL has answered my prayers with its Treatment Masque sachets, £25 for 8. These travel-friendly pockets render clunky hair mask pots redundant.



# THE LONG-HAUL LOVER

**Who:** junior beauty writer Phoebe McDowell  
**How do you combat fatigue on a long flight?**

Pre-flight, I drink loads more water to counteract the effects of dehydration (and keep it up in the air). While booze has a soporific effect, it's a diuretic, and it serves only to swell my feet (not so chic!) and sap the life out my skin. I'm also a total germaphobe, so I spray hand sanitiser like it's going out of fashion – planes are a hotbed of bacteria.

**To what extent does your fragrance depend on your destination?**

I love taking a fragrance I haven't yet worn in England – when in Bali, why would I want to be transported to Blighty? La Mia Perla, £60, has plenty of musk and pepper to stir interest but not enough to overpower its delicate freshness.

**How does your make-up regime differ when abroad?**

I take no issue with entertaining colour that would otherwise be relegated to the gorgeous-but-unwearable drawer. A slick of Giorgio Armani Eyes to Kill Proliner in 40NA, £27, across my lash line catches light at golden hour and complements nails no end.

**What wouldn't you travel without?**

Susanne Kaufmann Face Moisturising Travel Kit, £98, is a godsend. Not only does it offer a chic alternative to the airport bags provided, it also comprises everything you never knew you needed, but once introduced to, can't live without. Lip balm? Hand sanitiser? Moisturiser? Cleanser? Check! Check! Check! Check! There's even a harmonising spray to balance your mood.

**How do you deal with your hair in the heat?**

On the whole, my hair is immune to changes in climate. The general vibe is half-frizz, half-wave and, actually, being in such close proximity to the ocean means I can tease the frizz out and the salt-slicked waves in. I am, however, partial to a beach braid, which leaves my scalp exposed, so I slather on Philip Kingsley's After Sun Scalp Mask, £17, every evening.

**What beauty dilemma do you often face?**

I get bitten by mosquitos more than anyone I know. But since I've started taking vitamin B5 a few days before I travel, and every day while away, not one has come close. The pungent smell it lets off (thankfully, only detectable to insects) keeps them firmly at bay. ▶

1. Susanne Kaufmann Face Moisturising Travel Kit, £98. 2. Estée Lauder Bronze Goddess Shimmering Oil Spray for Hair & Body, £36. 3. Elizabeth Arden Cool Glow Cheek Tint Blush, £28. 4. Giorgio Armani Eyes to Kill Proliner in 40NA, £27. 5. Christian Louboutin Pop Nail Colour in Bolidonna, £38. 6. Chanel UV Essentiel SPF 50, £42. 7. La Mia Perla Eau De Parfum, £60. 8. Guerlain Aqua Nude Lingerie de Peau, £33. 9. Philip Kingsley After Sun Scalp Mask, £17. 10. No7 Lash Impact Waterproof Mascara, £13.50







2.



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1. Chanel Les 4 Ombres Quadra Eyeshadow in City Lights, £42.
2. Kiss My Fairy Glitter in Frenchie, £7.99.
3. Hawaiian Tropic Silk Hydration Air Soft Face SPF 30, £11.99.
4. Macacha Energy Plant Protein Shake, £29 for a box of 10.
5. Sisley Nutritive Lip Balm, £47.
6. Tom Ford Orchid Soleil Solid Perfume Compact, £120.
7. Buxom Full-On Lip Polish in Dolly, £15.
8. Glamglow Glowstarter in Nude Glow, £36.
9. Topshop Glow Liquid Highlighter in Blaze, £13.
10. Avène Gentle Exfoliating Gel, £12.
11. evo Love Perpetua Shine Drops, £19.95

10.



## THE HEDONISTIC HOLIDAYER

**Who:** beauty assistant Chanelle Ho

**What foods keep you energised?**

Scant sleep and copious cocktails are hardly conducive to peak health, so I try to get my vitamins, minerals and, most importantly, energy, elsewhere. Macacha Energy Plant Protein Shake, £29 (for 10 sachets), is a potent blend of caffeine and ginger that perks me up before a night out.

**What's your best in-flight beauty tip?**

An hourly application of my trusty Sisley Nutritive Lip Balm, £47, is my never-fail ritual, while a slathering of Korean cult Laneige's Water Sleeping Mask, £24.99, before sleep, boosts hydration immeasurably – it's so good, one sells every 12 seconds.

**What's your SPF golden rule?**

Don't skip SPF on the plane! I am partial to a window seat, but being 30,000 miles closer to the sun means I expose myself to harmful rays – yes, UVA rays can penetrate glass. Hawaiian Tropic's Silk Hydration Air Soft Face SPF 30, £11.99, not only smells delicious, but also works as a great make-up primer, withstanding sun, sea and sweat.

**Which fragrance has made its way into your travel beauty bag?**

Paradoxically, I save fresh and citrusy scents for home soil and more cossetting, warm ones for sunny getaways. Tom Ford Orchid Soleil Solid Perfume Compact, £120, sits seductively on my skin, fits in my clutch and garners countless compliments.

**What make-up survives a party weekend?**

At home, I resign glitter to festivals, but done understatedly, and under foreign sun, glitter speaks a different language. Beneath the disco lights it moves in the most ethereal way – I gently pat it along my cheeks and collarbones.

**How do you manage your hair in the heat?**

I have outrageously long, thick hair, which fortunately isn't high maintenance. A few drops of evo's Love Perpetua Shine Drops, £19.95, combed through my ends keeps them supple and prevents brittleness, while maintaining my signature shine.

**How do you deal with an alcohol-induced breakout?**

Whether I've supped one sundowner or a whole jug of sangria, my cleansing ritual is never compromised. Double cleansing is a must. I finish with a gentle scrub like Avène Gentle Exfoliating Gel, £12. My secret weapon for banishing blemishes is Mario Badescu's Drying Lotion, £16. I'll wax lyrical about it to anyone who will listen. ■



4.



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11.

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glamour and healthy  
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50 ml / 1.7 fl. oz. ©

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Avène: boots.com; Buxom: debenhams.com; Chanel: chanel.com; evo: evohair.co.uk; Glamglow: glamglow.co.uk; Hawaiian Tropic: superdrug.com; Kiss My Fairy: kissmyfairy.com; Laneige: macachaco.co.uk; Macacha: macacha.co; Mario Badescu: urbanoutfitters.co.uk; Sisley: sisley-paris.co.uk; Tom Ford: selfridges.com; Topshop: topshop.com; Cutler and Gross sunglasses, £310 (cutlerandgross.com)



1.



#### QUICK FIX

Benefit's new Hoola Quickie Contour Stick, £23.50, is just the thing for serial sculptors. Small and supremely portable, whip it out to quickly and easily carve enviable cheekbones and super shadows with its whisper-soft cream-to-powder bronze.

[benefitcosmetics.com](http://benefitcosmetics.com)



#### HAIR SHARE

This is cheap – and genuinely good. If you've gone overboard on the sun and styling, Pantene's 3 Minute Miracle Repair & Protect Conditioner, £2.99, will strengthen and de-frizz. Sold.

[boots.com](http://boots.com)

3.

#### GOOD LOOKING

Elizabeth Arden's Ceramide Capsules have long been a best-seller – and personal favourite. Now available in an all-new formula for the delicate eye area, Advanced Ceramide Capsules Daily Youth Restoring Eye Serum, £52 for 60, promise to firm and brighten. And do.

[elizabetharden.co.uk](http://elizabetharden.co.uk)



2.

## BEAUTY CHARTS

*Beauty & health director Rose Beer brings you the week's best new launches...*

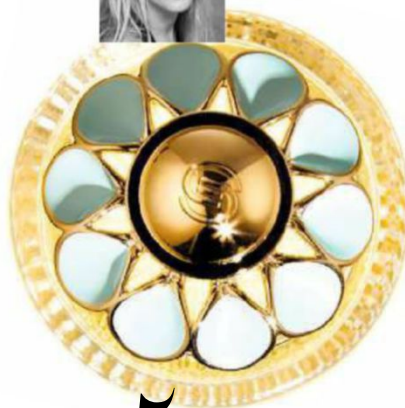
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#### PORE-FECTION

I'm really obsessed with these Bioré Deep Cleansing Pore Strip. There's little more gratifying than seeing blackheads lined up soldier-like atop a paper strip instead of a nose. Now in leopard print, £8.99 for six. Bravo Bioré!

[boots.com](http://boots.com)



5.

#### DRESS TO IMPRESS

In this instance, I fell for the packaging first, but I also love the almond and pistachio notes. Elie Saab Girl Of Now, £38, sits really softly on the skin. An easy wear.

[bouseoffraser.co.uk](http://bouseoffraser.co.uk)

6.

#### SUNNY DISPOSITION

Lipstick Queen's Morning Sunshine, £22, is the coolest new lipstick to land on my desk. Yellow to look at, but as soon as you put it on, it turns pink.

You'll want to pucker up.

[spacenk.com](http://spacenk.com)





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# BEST IN CLASS BRONZERS

*Buff, sun-kissed skin is always a summer hit.  
Meet our edit of this season's most gorgeous glow-givers*



**Guerlain's** summer show-stopper causes a storm each year. And 2017's **Terracotta Chic Tropic**, £49, smells as delish as it looks



Fake a fresh-from-vacay-glow with **Beauty Pie Sundust Powder Face and Body Bronzer**, £28 (or £3.92 for members)



Add instant warmth and soft shimmer with the multi-tonal **Rimmel London Radiance Brick in Medium**, £5.99



**Hourglass Ambient Lighting Bronzer in Diffused Bronze Light**, £45, is lightweight and buildable



**Estée Lauder Limited Edition Bronze Goddess Illuminating Powder Gelée**, £34, is a favourite among beauty editors



With colour-correcting pigments, antioxidants and silk, **IT Cosmetics Ombré Radiance Bronzer**, £28, delivers a genuinely healthy glow



Flecks of pearly gold in the otherwise matte **Diego Dalla Palma Gold Nuggets Bronzer**, £25.50, create a unique, lovely shine



Combine the four shades of **Maybelline Master Bronze Color & Highlighting Kit**, £12.99, to create a 3D super-sculpt



The four shades in **La Mer Soleil de la Mer The Bronzing Powder**, £65, complement a spectrum of skin tones





# WELL NOTES

## WELL STRETCHED



Uber for Yoga? Meet Yogassential, the app that delivers yoga sessions. Choose from eight practice styles – calming; flexibility and balance; restorative; strengthening; cardio; pregnancy; mum and baby; children's. Teachers are rated by experience, with hourly sessions ranging from £45 to £80 – bios will help you seek out specialities. For up to four people and catering to mixed

*Georgina Lucas on how to be fighting fit in mind, body and spirit*

abilities, it's great for socialising (MIC vibes all round). I ordered our instructor to the park, where she arrived complete with music, matching mats and blocks, plus a meditation bracelet – a post-class pressie\*. Sessions are available anywhere and with very little notice, so if a bad morning at work demands a lunch-break downward dog, it's possible. Currently available in and around London, Yogassential has plans for further roll-outs nationwide.

## RUN STRONG

Running actually supports the spine rather than taxing it, says a new study investigating the link between movement and disc health. Runners registered larger discs and more disc fluid (spine health indicators) than non-runners. Good news: brisk walking or slow jogging (4 to 5.5 mph) is best, so no need to pound the pavements.

## TO BE FRANK...

Frankincense is not just for Christmas. It's proven to induce calm – great for an evening soak, or added to an infuser. Just close your eyes and breathe deeply. It's also said to speed up healing – I massage it on to surgery scars and I'm told it's excellent for stretch marks. Also try a frankincense-d tissue under your pillow for improved snooze time.



## GUT FEELING

I'm a big fan of Kombucha fermented tea. It's packed full of good bacteria and makes a tasty alternative to sugary soft drinks. Jarr Kombucha, brewed in London's Hackney, comes in three flavours: original, ginger and passion fruit.



## WELL SUITED

Serious sunny spells have tempted me back to the lido. Crucial kit? A one-piece. Pick from our fave sporty swimmers



The lengths fly in in **PERFECT MOMENT**, £180



**H&M** delivers a sporty silhouette and natty zip tag, £24.99.



Hawaiian mood, workout-ready cut via **ROXY**, £60



# Summer is calling

New plump summer raspberry  
could be the answer

**bottlegreen, for the curious**





# WEEK IN WEEK OUT

Food / Culture / Interiors

In the first week of his residency, award-winning foodie James Steen gives us a sizzling barbecue dish...

SUPPER CLUB

## LEMON ZEST CHICKEN

Zingy, slightly spicy and a refreshing change to the usual barbecue fare...

**Serves 4**

**Prep time: 4 hours**

**(mainly for marinating time)**

**Cooking time: 12 minutes**

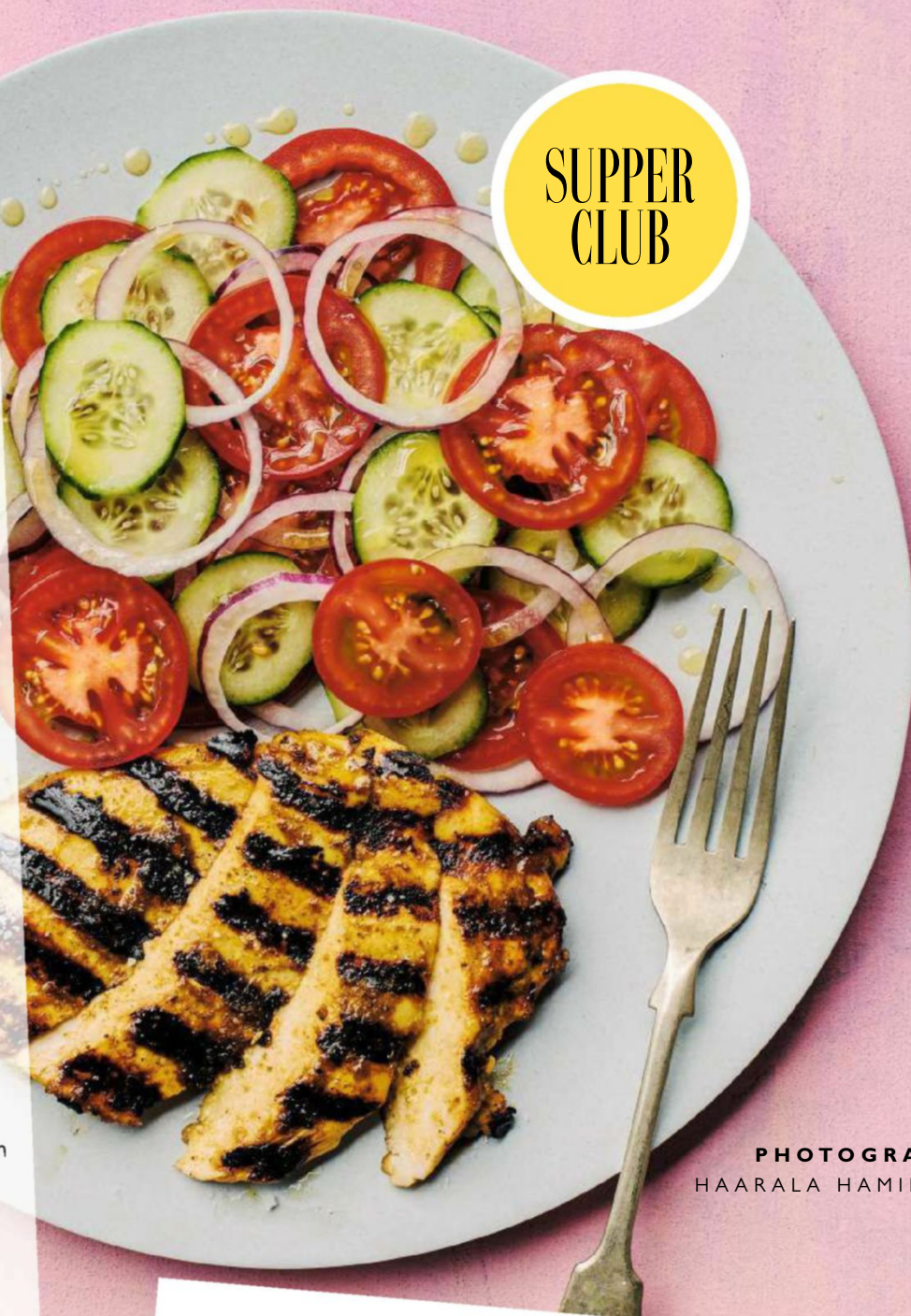
**4 chicken breast fillets, approximately 200g each**  
**4 pinches sea salt**

**A salad of finely sliced tomato, cucumber and onion, to serve**

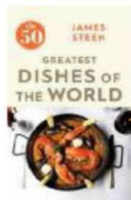
**The marinade:**

**Juice and zest of 2 unwaxed lemons**  
**4 tsp honey**  
**30ml olive oil**  
**6 tsp korma curry powder.**

- 1 Use a fork to mix the marinade ingredients in a bowl. Put to one side.
- 2 The chicken fillets need to be flattened out a bit. Here's how: on a chopping board, lay a sheet of clingfilm that is about twice the size of a fillet. Lay a fillet on top of the clingfilm. Place another layer of clingfilm on top of the fillet. Hit the fillet gently with the end of a rolling pin about 30 times. Remove the fillet from the clingfilm. Repeat this with the other fillets (use the same clingfilm).
- 3 Put the chicken in a bowl or dish, and pour over the marinade to coat. Cover the dish with clingfilm, and refrigerate for at least 4 hours – although an overnight marinade is best.
- 4 Just before cooking, season each fillet with a pinch of sea salt. Grill the fillets on the barbecue (or fry in a little olive oil) on a medium-high heat for 6 minutes on each side, turning only once.
- 5 When they are cooked, let the fillets 'rest' for 5 minutes and serve with the tomato, cucumber and onion salad. ▶



PHOTOGRAPHS  
HAARALA HAMILTON



### MEET THE CHEF

James Steen is an award-winning food writer and author and his latest book, *The 50 Greatest Dishes Of The World* (£8.99, Icon Books) tells the stories of our favourite foods along with a sprinkling of easy recipes. He has co-authored autobiographies of Marco Pierre White, Raymond Blanc, Keith Floyd and Ken Hom, and also runs community project, Loxley Cookery School. @JamesSteen100



**KITCHEN BIBLE**

OK, Mrs Beeton's *Household Management* is ancient (no food photos!) but Mrs B is an icon. With classic British recipes, the Wordsworth Reference version is faithful to the original edition, and costs just a few pounds on Amazon.



**FOOD NEWS**

*\* A foodie's treat and foraging in the Lakes*

Lemon Verbena tart



Scallops



Scandi-style dining room

**NORTHERN DELIGHTS**

It's now a Unesco World Heritage Site famous for its views, but the Lake District is a must-visit for food lovers too, with Michelin-star restaurants and chefs who skilfully make the most of Cumbria's gorgeous produce. Few do it better than James Cross, the chef-proprietor at Lake Road Kitchen in Ambleside, a short stroll from Lake Windermere. He and his brigade fish the waters, scour nearby shores and forage local woods and forests, and what

they find, they cook with panache. In the Nordic-style dining room, the menu is 'hyper-seasonal', and dishes this summer include wild Cumbrian salmon. The five-course tasting menu is £65 per person. There are only nine tables so book [lakeroadkitchen.co.uk](http://lakeroadkitchen.co.uk)



Starter



**Burratina, tomato and olives** Sunshine on a plate. @BernardisLondon

Main



**Lobster and crayfish mac 'n' cheese** Sublime. @WeeRascal

Pudding



**Chocolate, cherry and vanilla cream cake** Stuff of dreams. @pollypantries

**TASTE TREND**

**WHO'S FOR CAVIAR?**

Caviar is back as a cool indulgent treat. Spoon the salty sturgeon eggs carefully onto lightly toasted bread or blinis, or eat it directly with a plastic (not metal) spoon. Avoid eating it with egg, pickles and lemon juice, but do team it with vodka, brut champagne or a very dry white wine. My go-to is Eggxiting, £35, [petrossian.co.uk](http://petrossian.co.uk).



Additional photos: Mike Poloway/UNIP



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NEWS

The Best AW17 Fashion Campaigns To Inspire Your Next Season Wardrobe



SHOPPING

11 Printed Dresses That Will Upgrade Your Look In An Instant

## WHAT TO EXPECT...

- \* Trending topical stories, interviews and opinion pieces
- \* The latest fashion edits and trend round-ups
- \* Beauty tutorials and product reviews
- \* Celebrity exclusives and red-carpet coverage



LISTEN

An A-Z Guide On Dressing Like Selena Gomez



WISDOM

9 Royal-Approved Products To Add To Your Beauty Bag



REAL LIFE

This Is How Many Extra Days A Year You Work When You Skip Your Lunch Break

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THE TIMES



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# CULTURE

A dream marriage becomes a nightmare in *The Marriage Pact* (£7.99, Chicken House). Here's what *Grazia* thought of Michelle Richmond's dystopian chiller



a legendary musician who's a last-minute guest at their wedding. The mysterious cult starts to control their lives, rather than bringing them marital bliss, as they were led to believe. At times too unbelievable, it's nevertheless a page-turner – but probably not one for your honeymoon!



**LISA HOWARD**  
*Grazia's*  
production director  
★☆☆☆☆

Can an apparently worthy end ever justify despicable means (when those means include torture, imprisonment, degradation...)? This concept is explored as we veer from pontifications on the subject of marriage to all manner of out-of-the-blue horrors. Never has the label 'Friend' been used

with such dripping menace. Nasty and a bit daft.



**JENNY CROALL**  
*Grazia's*  
production editor  
★☆☆☆☆

*The Marriage Pact* has plenty of suspense, is pacy and well-written, but it's just so... *silly*. I was constantly thinking, 'As if.' First Alice – a hot shot lawyer – is rushed into signing a contract without reading it; before long, Jake thinks being carted off in a straitjacket is not so unreasonable. Divorce never looked more appealing...

## NEXT WEEK

'Fresbers' by Tom Ellen and Lucy Ivison. Join the conversation @GraziaUK

## POWER PLAYERS

THIS BEAUTIFUL LIFE  
**Katie Marsh**

Abi is living her happy ending, in remission from cancer – but her family has fallen apart during her illness, so she sets about putting them back together. (£7.99, Hodder & Stoughton)

BLIND ITEM  
**Kevin Dickson and Jack Ketsoyan**

These two Hollywood insiders insist the scandals are real – only the names are changed. Assistant publicist Nicola starts dating a movie star. (£19.99, Macmillan)



**MARIA O'CONNOR**  
*Grazia's* chief sub editor  
★☆☆☆☆

When Jake marries rock-chick-turned-lawyer Alice, he thinks his dreams have come true, but then they get involved in 'The Pact' via

Get your fix of watercooler films, festivals, theatre and music...

1.

## EVERYTHING NOW, BY ARCADE FIRE

The Canadian mega-group return for their fifth album, featuring panpipe-filled lead single *Everything Now*. Out Friday



2.

## HOUNDS OF LOVE

The latest Aussie horror (think *Snowtown* and *The Babadook*) to be branded 'the scariest film this year' tells the tale of married '80s serial killers. Out Friday



3.

## CAT ON A HOT TIN ROOF

An all-star cast including Sienna Miller and Jack O'Connell takes on the Tennessee Williams classic. Until 7 October; [youngvicwestend.com](http://youngvicwestend.com)



4.

## KRUG FESTIVAL

At 18th-century heritage site The Grange in Hampshire, sample fired-up dishes from Argentinian culinary master Francis Mallmann (above), paired with champagne from Krug's portfolio. The music is curated by Mahogany Sessions. Saturday; [krugfestival.com](http://krugfestival.com)







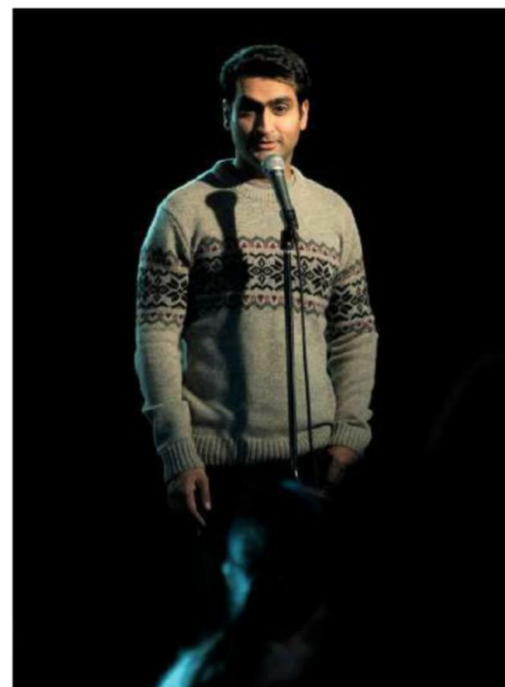
Star-crossed lovers  
Emily (Zoe Kazan) and  
Kumail (Kumail Nanjiani)

# LOVE STRUCK

Catch *The Big Sick*, a fresh and funny romcom about love across a cultural divide, in sickness and in health

## LOVE IS FUNNY SOMETIMES.

So, when aspiring comedian Kumail (*Silicon Valley*'s Kumail Nanjiani) meets student Emily (Zoe Kazan) at his gig, an unexpected one-night stand turns into an even more unlikely connection. Behind the scenes, his traditional Muslim parents are lining up a good Pakistani girl for him to marry. But as something real begins to develop between the pair, a mystery illness leaves her in a coma, and him in the waiting room with her parents (Holly Hunter and Ray Romano) to work out his emotional tug of war. Based on a true story, written by and starring Nanjiani and produced by comedy master Judd Apatow (*Bridesmaids*, *Trainwreck*), *The Big Sick* is a hilariously well-observed comedy that picked up the biggest ever distribution deal at Sundance Festival and is set to be the romantic blockbuster of the year. Because love has a sick sense of humour, and that's why we can't get enough of it. In cinemas 28 July; [thebigsick.co.uk](http://thebigsick.co.uk)



Adeel Akhtar (left)  
and Anupam Kher  
star as Kumail's  
disapproving family





# SCREEN TIME

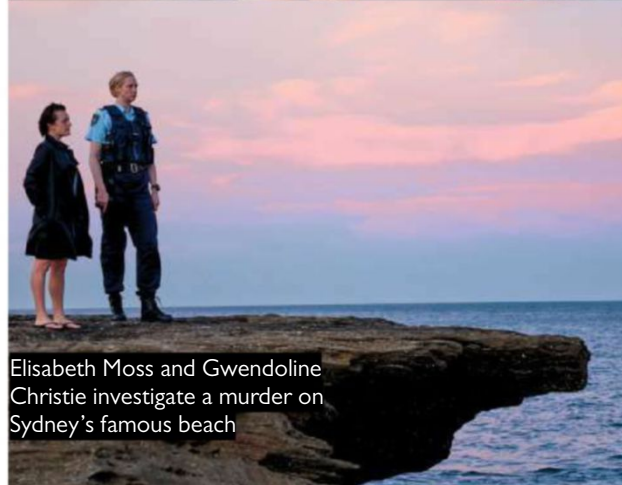
WITH PAUL FLYNN



This week, we have a dead body on Bondi Beach, the very best of BBC's Gay Britannia season and Mr Aniston

**DROPPING  
THIS WEEK**

Of all the top brass film-makers that have made the shift to TV in the last decade, Jane Campion's is the name that you can whisper in the same breath as David Lynch. Like Lynch's, her appetite for strangeness in the most pedestrian facets of the human experience moves with a devil's eye for detail. For season one of *Top Of The Lake*, she began unearthing a broad, rangy and detailed expedition through dark cults, the New Zealand police force and paedophilia. For season two, subtitled *China Girl*, we move to Bondi Beach, Sydney. Poetic coverage of a body in a suitcase, travelling like an unanchored ferry through the ocean, forms the connecting story tissue, which takes in the immigrant Chinese sex-worker industry, the banter of lads who don't understand what sex is really for and a bipolar schoolgirl in love with her lecturer. *Mad Men* and *The Handmaid's Tale*'s Elisabeth Moss returns as Robin, the disenfranchised human who hides behind her police uniform, after five wilderness years. Nicole Kidman – another actress having a phenomenal year – is given a scene-stealing turn at the dinner party from hell. But it's Gwendoline Christie as Robin's doting assistant who looks like she's going to cause the most friction in a deftly odd, beguiling opening hand, which makes you yearn to find out what happens next. Absolutely first class storytelling. *Begins Thursday, 9pm, BBC Two*



Elisabeth Moss and Gwendoline Christie investigate a murder on Sydney's famous beach

## WAR AND PEACE

Written by novelist Patrick Gale and spanning 60 years, *Man In An Orange Shirt* is the cherry on the cake of the BBC's Gay Britannia season. A moving portrayal of the gay experience across the great divide of decriminalisation, the drama moves effortlessly in directions you never quite expect. *Mon, 9pm, BBC Two*

## CRIMES OF LOVE

Another riveting historical drama in the same season, *Against The Law* sees British screen giant Daniel Mays stepping into the role of Peter Wildeblood, the gay journalist charged under the Sexual Offences Act for inappropriate activity in 1954. We really were a horrible country when it came to gays not that long ago, weren't we? *Wed, 9pm, BBC Two*

## SCANDI SITCOM

Last but by no means least, in a strong week of recommendations, *Young And Promising* – a sharp and slightly bleak comedy about modern womanhood from Norway. Cut more from the same thematic cloth as *Girls* and *Broad City*, the Scandi twist is a dryness you could hang your washing out on. Relationship and work travails intertwine with a cast that screams for repeat watching. *Tue, 11.05pm, Channel 4*

## THE EVOLUTION OF...

### Justin Theroux



2001

FIRST HIT US IN...

#### Mulholland Drive

The worst clothes and best house in Lynch's hit. *Apple TV/iTunes*



2003

ADDED HIS SPARK TO...

#### Six Feet Under

Our favourite undertakers' cat-loving neighbour, Joe. *Amazon Prime*



2017

CURRENTLY AMAZING IN...

#### The Leftovers

Dates every eligible woman in this dour drama. *Tuesdays, Sky Atlantic*



Offbeat patterns, prints, quirky accessories and the judicious use of colour make Cornelia de Ruiter's home a stylishly comfy place to live...

#### WHO LIVES

**HERE?** Cornelia de Ruiter, who launched *homewings.co.uk*, a platform for 50 freelance interior designers who are prepared to work to small budgets on small projects. She shares her home with

husband Keith and sons Oskar and Julius. **WHERE IS IT?** South London. The Victorian terrace had already been extended to create a great family room. Cornelia, having returned to the UK from Dubai, renovated the house

by first converting the loft into bedrooms for the boys and reconfiguring the first floor to create a large family bathroom. She filled the house with thoughtfully chosen furniture and accessories, with lots of pattern and print.

# ABSTRACT THINKING

WORDS RACHEL LOOS



PAINTING, FROM £95, PALMVALLEY.CO.UK

## 1. CLEAR THINKING

A glass dining table is a great choice if space is limited, as it won't make a room feel cramped. This one was bought in Dubai; for similar seating see the Oregon walnut chairs at *habitat.co.uk*. Pendant lights hung low over the table create an intimate feel – these are from the US (*cb2.com*). A painting by Cornelia's brother and the quirky built-in 'bar' area add colour.



DUBLIN DINING TABLE, £350, HABITAT.CO.UK







NATURAL DYE KILIM, £995, [THEHANDMADEKILIMCOMPANY.COM](http://THEHANDMADEKILIMCOMPANY.COM)



## 2. KITCHEN CALM

Preferring to keep cooking and washing up out of sight, the kitchen is separate from the dining room, with just a small breakfast bar. Pale units contrast against glossy black granite worktops, while chic industrial touches are provided courtesy of the stools and angled cloche lights.

ANGLED CLOCHE, £47, [FURNISH.CO.UK](http://FURNISH.CO.UK)



INDUSTRY STOOL, £87.98, [MAISONSDUMONDE.COM](http://MAISONSDUMONDE.COM)

## 3. LOUNGING ABOUT

The open-plan living space was created in an extension to the back of the house. It's simply furnished but the pale grey corner sofa, custom-made in Dubai, not only zones the space but gives plenty of seating without a feeling of clutter. The room is made homely with a fabulous kilim rug, also sourced in Dubai (try *yashar-bish.com*), while, on the wall, a colourful artwork was painted by Cornelia herself. The geometric travertine coffee table was a very lucky find on *ebay.co.uk*. ▶

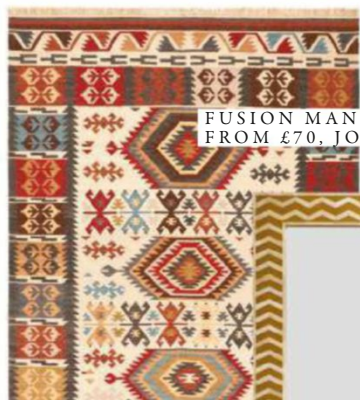


VERONA CORNER SOFA, £1,699, [DWELL.CO.UK](http://DWELL.CO.UK)





FRENCH TRIPLE MIRROR, £150,  
COXANDCOX.CO.UK



FUSION MANISA KILIM,  
FROM £70, JOHNLEWIS.COM



MIRROR, £475,  
GRAHAMANDGREEN.CO.UK



4.

## WET LOOK

The bathroom mixes up different styles and textures for a modern, sleek look. A wooden cabinet warms up the coolness of the plain wall and decorative floor tiles (find them at [cement-tiles.com](http://cement-tiles.com)). The triple mirror is vintage, while the industrial-style touches in this room come in the shape of the wall lights. The sinks and taps are by [ideal-standard.co.uk](http://ideal-standard.co.uk).



SUNSHINE ON RYE  
HEADBOARD, £560,  
PERCHANDPARROW.COM

6.

## GOLDEN GLOW

The bedroom's yellow theme continues with the custom-made bed and its gold headboard. Cornelia has gone for mismatched bedside lights – one a traditional table light, the other an on-trend light bulb whose flex is simply wound around a hanging plant stand. The bedside table (not pictured) is an old safe found on the street. For a similar basket see [trouva.com](http://trouva.com) or [digitalhighstreet.com](http://digitalhighstreet.com).

## 5. SHOT OF SUNSHINE

The bedroom is made cosy with a large kilim and a shot of bright colour (the Stockholm cabinet from Ikea, now discontinued; try [ebay.co.uk](http://ebay.co.uk)). Yellow is an unusual shade to use, but works brilliantly as a mood-lifter. The walls display a variety of artworks, from prints to photographs.



WOVEN BASKETS, £75-£95,  
TROUVA.COM







CIEL CANDLE HOLDERS, £39.45 EACH, NOTONTHEHIGHSTREET.COM



## 7. BLUE HEAVEN

Go blue – to be cosy. ‘People often assume blue will make a room look cold, but that doesn’t have to be the case,’ says Cornelia of the front sitting room, where the family curl up to watch movies. ‘Go for a blue with a lot more grey or yellow in it, then it becomes really soothing.’ She chose Blue Steel from [dulux.co.uk](http://dulux.co.uk).

‘I also always recommend warm accent colours, which we have with the paintings and accessories.’ The natural wood of the Isamu Noguchi coffee table ([conranshop.co.uk](http://conranshop.co.uk)) and large mirror, both vintage, add more warmth. The vintage Robin Day sofa and ‘70s-style candlesticks are both [ebay.co.uk](http://ebay.co.uk). The rug is from [westelm.co.uk](http://westelm.co.uk) (the Blurred Lines rug is similar).



REPLICA NOGUCHI TABLE, £447, SWIVELUK.COM

OUTDOOR BENCH SET, £499, MADE.COM



OUTDOOR SOFA, £299, MADE.COM



HANGING FLOWER POT, £27, ROYALDESIGN.CO.UK

## 8. GARDEN RETREAT

Cornelia’s outdoor sofa (from Habitat; now discontinued) and side-table (actually a concrete garden stool; Milton at [habitat.co.uk](http://habitat.co.uk)) creates a tranquil fresco reading spot. Pots hung from a branch break up the wooden fencing.



## 9. EATING OUT

The family lounge leads out into the much-loved garden. ‘The frame of the picnic table, which I found on eBay, was powder-coated in a teal colour and looks great against the geometric tiled area that frames it,’ says Cornelia. ‘As soon as the weather allows, we’re out there for breakfast, lunch and dinner.’ Get the look with the Long Island table at [maisonsdumonde.com](http://maisonsdumonde.com) and paint the frame with a waterproof paint. The cement benches are softened with cushions.



CUSHION, £14.50, REDBUBBLE.COM



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IN CINEMAS  
NOW

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# NOW OVER TO YOU...

*You never shy away from the big issues, and this week you tackle incest, gender-pigeonholing and nepotism. Keep telling it like it is*



## LETTER OF THE WEEK

### GIVE VICTIMS A VOICE

I felt compelled to write in after reading 'Why I published the most disturbing book I have ever read' (17 July) about *The Incest Diaries*. Alexis struck a chord when she said, 'It will make others feel awakened, witnessed, less alone.' It will if people can rise above their indignation. This anonymous survivor's story will give a voice to other victims of this unimaginable horror. I suffered four years of sexual abuse at the hands of my first ever boyfriend, with the collusion of my mother. Survival takes many forms, including pleasure. For me, survival was withholding orgasm and getting an education. I have a PhD and a great job, which epitomises success, but inwardly I am alone with my profound sadness.

Name withheld

### VIVE LA DIFFERENCE!

Thank you for publishing Sally Windsor's brilliant article, *When did my tomboy become everyone's business?* (17 July). I was a tomboy

as a child and, like Ruby, couldn't understand why anyone would want to hold pretend weddings with boys in the playground when there was fun to be had. 'Girly' clothes just got in the way and, in some respects, they still do. For me, it was nothing to do with gender or sexuality, just practicality, and the sense that I didn't quite feel the same way about things as other little girls did. Ruby sounds amazing.

Tara

I too was a tomboy, until the age of around 13. My toys of choice were boxing gloves, my TomyTronic 3D and my BMX. I had a Cindy and a Barbie, but I also had an Action Man and Airfix planes. I can distinctly recall being with my mother, aged 11, carrying flowers, and a bus driver saying to me, 'Are they for your girlfriend, son?' I wasn't offended, I loved it. My parents never put any pressure on me and I honestly can't remember experiencing any negativity. I don't think it should be an issue what any child chooses to wear, as Sally rightly says, she just has a cool girl.

Maxine

### THE KIDS ARE ALL RIGHT

After reading *Inside the Beckhams' bruising week* (24 July), I can only conclude that the Beckhams have lost touch with reality, enclosed as they are in their privileged bubble. Victoria ruthlessly promotes the Beckham brand, her ambitions as fierce for her children as for herself. Yes,

she has the power, connections and money to secure careers for her children in photography, modelling or whatever they fancy. There will be young people with greater talent who won't get these opportunities. Maybe the Beckham children would rather do something less in the limelight, even ordinary jobs like most of the rest of us. I suspect that would not be enough for Victoria, though. Anyway, I don't believe she is having a bad week when she is on the cover of your magazine and getting plenty of attention.

Sarah

### BACK IN THE REAL WORLD

After first reading about the marital troubles and housing arrangements of the fabulously wealthy Petra Ecclestone, it was a real wake-up call to then read about Zarlashat Halaimzai's work with refugees in 'Our job is to deliver psychological first aid' (24 July). What an inspiration she is! With our comfortable lives, worrying ourselves about such pressing issues as which flip-flops are on trend this summer, it's easy to forget the harrowing plight of others coming to this country and the often poor reception they get when they

arrive. Keep up the good work, Zarlashat! As a result of your article I plan to donate at [gofundme.com/rtiuk](http://gofundme.com/rtiuk).

Hetty

### SUSAN, WE SALUTE YOU

It was so refreshing to open a magazine and find an interview with an outspoken, opinionated and inspiring woman like Susan Sarandon in your cover story slot ('I'll probably never work again after this interview', 24 July). But why did Victoria Beckham take centre stage on your front cover, while Susan was relegated to a small image? When Emma Watson was your cover story, she was also the front cover star; the same goes for Sienna Miller, Bella Hadid and Beyoncé. As an avid reader, I'd like a wider variety of inspiring woman on the cover and Susan would be perfect. An image can be more powerful than words.

Caitriona



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# HOROSCOPES

BY PETER  
WATSON



**LEO 24 Jul – 23 Aug**  
Circumstances will force you to show your hand regarding an intensely personal matter on which others have strong views. Although you must think and act exactly as you wish, it's still very important that you respect whatever's being said and suggested to you. On no account let a tie-up between your ruler the Sun and Mars, in your own sign, bring out a streak in you that others sometimes perceive as overbearing.

**VIRGO 24 Aug – 23 Sep**

Quite why you're expected to rearrange your plans to suit others will be difficult to understand. Even so, you'll realise that it's easier on all concerned if you're compliant and accommodating – at least this time. But make it clear that you're not setting a precedent for the future. Next time round, stand your ground.

**LIBRA 24 Sep – 23 Oct**

You'll long to pamper someone special. But you'll also feel obliged to make a fuss of a few other people, too. Can you keep everybody happy at the same time? Yes, because a Mercury-Uranus connection is making you more imaginative, flexible and communicative than usual. There should be no stopping you.

**SCORPIO 24 Oct – 22 Nov**

The fact that you're about to feel supremely confident within territory others find daunting mustn't mean you're perceived as far too full of yourself. A boost to your self-worth is fine provided you retain a sense of equality and fairness in your dealings with those around you. You don't want to drive them away.

**SAGITTARIUS 23 Nov – 21 Dec**

Your new-found peace of mind with regard to a personal or business partnership will make one project or transaction far easier to handle. But don't broadcast every little detail to people who aren't entitled to know more than the absolute minimum. There's a lot to be said for discretion at a time like this.

**CAPRICORN 22 Dec – 20 Jan**

Much as you might want to encourage people to practise greater self-care you must avoid coming across as interfering. Saturn's opposition to Venus is a clue to how easy it might be to overstep the mark and assume an intimacy which isn't truly warranted. Boundaries are to be observed.

**AQUARIUS 21 Jan – 19 Feb**

Perhaps you've been accused of turning your back on some facets of your closest relationship. If so, this could be your opportunity to inject enthusiasm into whatever's going on between you and this special person. Once you admit to having been less attentive than usual it should be possible to put matters right.

**PISCES 20 Feb – 20 Mar**

A romantic or creative whim might appeal but take into account the likely costs. Also consider the impact on your reputation if you're suddenly seen abrogating long-term responsibilities so as to indulge yourself and someone special. Just make sure the possible disadvantages don't outweigh the potential joy.

**ARIES 21 Mar – 20 Apr**

There's little doubt that you feel strongly about how certain individuals should handle a tricky situation. But avoid coming across as a know-all. Mercury in Virgo urges you to show how willing you are to guide those concerned. Promise yourself that the minute you feel your advice isn't welcome you'll step back.

**TAURUS 21 Apr – 21 May**

After all the pushing and pulling that's been going on with regard to financial or work-related issues you must accept that people are entitled to their opinions. Let them have their say and hope that they'll then be prepared to collaborate with you and with one another to find solutions. This process can't be rushed.

**GEMINI 22 May – 21 Jun**

Having avoided making decisions about an opportunity coming your way you might feel embarrassed when discussing the matter with others. But Venus entering one of the financial sections of your chart is encouraging you to be logical about such matters. There's no reason why you cannot make up for lost time.

**CANCER 22 Jun – 23 Jul**

For some reason you've been forced into taking a tough line with people of whom you're fond. So you'll be relieved that you can soon adopt a more empathetic approach to them and let them see that you genuinely want things between you to run smoothly. It may not happen overnight. Just be patient.



# \*AND FINALLY...

*Madge fears being cloned while Kylie Jenner's embracing it!*



**If you love her** on podcast *My Dad Wrote A Porno*, you might be surprised to know Alice Levine's sartorial tastes are a little more modest. Joining forces with Finery again, Alice has created a prim pink blouse complete with pussy bow. There's an innuendo in there somewhere... £59, [finerylondon.com](http://finerylondon.com)



**MADONNA HAS** stopped an auction of her private possessions, including knickers and a hairbrush, over concerns that her DNA could be extracted. 'Fear of cloning' is henceforth our preferred excuse for never lending anyone any of our stuff. Thanks, Madge!

**HAS KATY PERRY** downloaded a mindfulness app? Speaking about her long-running rival Taylor Swift last week, she announced, 'I love her, I always have. We've had our differences but I just continue to say, "God bless her on her journey."' Namaste.



**WHAT'S THE DIFFERENCE** between Kylie Jenner and a literal waxwork? Turns out even her own family don't know. Last week the surgically enhanced reality star unveiled her Madame Tussauds replica, declaring, 'I made her FaceTime my whole family... fooled everyone.' There's a lesson there, Kylie. ▶





**Balmain's glamazons** take their music loud and their accessories ultra bling – no wonder they're getting excited about the Parisian house's new collab with Beats, which sees the iconic headphones reimagined with an 'urban safari' spin. Fierce. From £219.95, [apple.com/balmain.com](http://apple.com/balmain.com)



## \*AND FINALLY...



**UNFAZED BY** the commercial and critical car crash that was her 2001 autobiographical film *Glitter*, Mariah Carey has announced that she's making a new TV drama about her rise to fame. We're almost certain it's going to be the hottest of messes and we cannot wait to watch it.



**R KELLY** has been accused of holding six women in a sex 'cult', controlling the way they behave and dress, in an explosive investigation by BuzzFeed. The singer, who has strongly denied the claims, has previously faced accusations of making child pornography (the charges were dropped), marrying singer Aaliyah when she was 15 and inflicting 'emotional distress' on a previous girlfriend (the case was settled out of court). He has never been convicted of sexual assault.



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# ME, MY SELFIE AND I



## GRACE CHATTO, 31

*We ask the Clean Bandit member to take a selfie – and reveal all*

### Who is your hero?

The cellist Jacqueline du Pré. I used to watch videos of her quite obsessively when I was little. Her passion for music was infectious.

### What are you most proud of?

The video that I directed for *Rockabye*, which has had more than a billion views. It's about a stripper who's a mother and is doing anything she can to give her child a good life. It's quite topical at the moment.

### What's your biggest regret?

Not releasing music earlier. We started the band 10 years ago and we were obsessed with playing live. I didn't realise we would get better gigs if we put music online, which is so easy to do.

### What do your friends tease you about?

I'm often late, it's a running joke.

### What did you think about before falling asleep last night?

My wardrobe. I'm reading Marie Kondo's *The Life Changing Magic Of Tidying-Up*, so I've become quite obsessed with storage.

### Who do you call in a crisis?

[Bandmate, above] Jack Patterson. I trust him completely. He's quite clever and always has a solution.

### What song do you never skip?

*Retrograde* by James Blake. I never normally care about lyrics but I find them so moving in this song.

### What's your go-to dinner party anecdote?

The first time I met David Beckham was at Soho House Berlin. They have a no photos policy there and I asked him for a selfie. Ten minutes later, I was sipping on a cappuccino and someone from Soho House asked me to leave. They suspended my membership for six months. I've met him since but have never told him.

### What from your past would you like to delete from the internet?

There are some embarrassing photos, but I love seeing old pictures of the band – I wouldn't want to get rid of anything.

### Who owes you an apology?

Someone once broke my cello when they accidentally stood on it. It was totally irreparable.

### Tell us a secret.

I can speak Russian.

### What's the biggest misconception about you?

I think people think that because I'm a performer I'll be super confident, but I'm actually really shy in real life.

### What advice would you give your younger self?

Be a bit more careful about trusting people. I always trusted everyone completely, blindly, but now I'm a bit more cautious.

Clean Bandit headline Standon Calling (27-30 July; standon-calling.com). *Symphony* is out now




**'I ASKED DAVID BECKHAM FOR A SELFIE, THEN SOMEONE ASKED ME TO LEAVE'**



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